

# Left Main Clinical Trials

**MAIN COMPARE Registry, AMC MAIN registry, SYNTAX LM, Pre-COMBAT, Pre-COMBAT-2, and IRIS-MAIN**

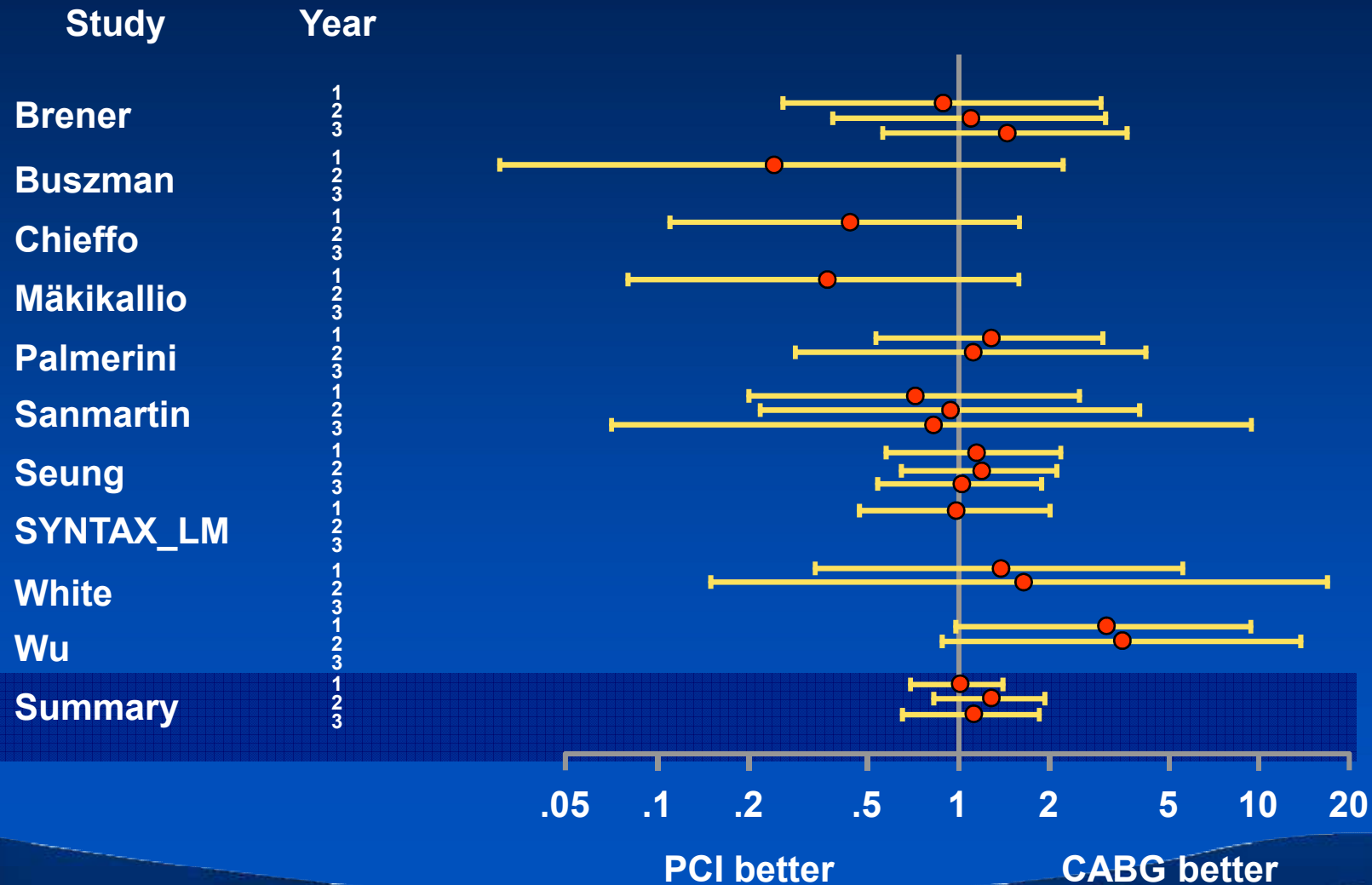
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Heart Institute, Asan Medical Center,  
Seoul, Korea

# Unprotected LMCA - PCI vs CABG

Meta-analysis of 3,773 patients in 10 studies (CABG: 2,114 patients, PCI: 1,659 patients)

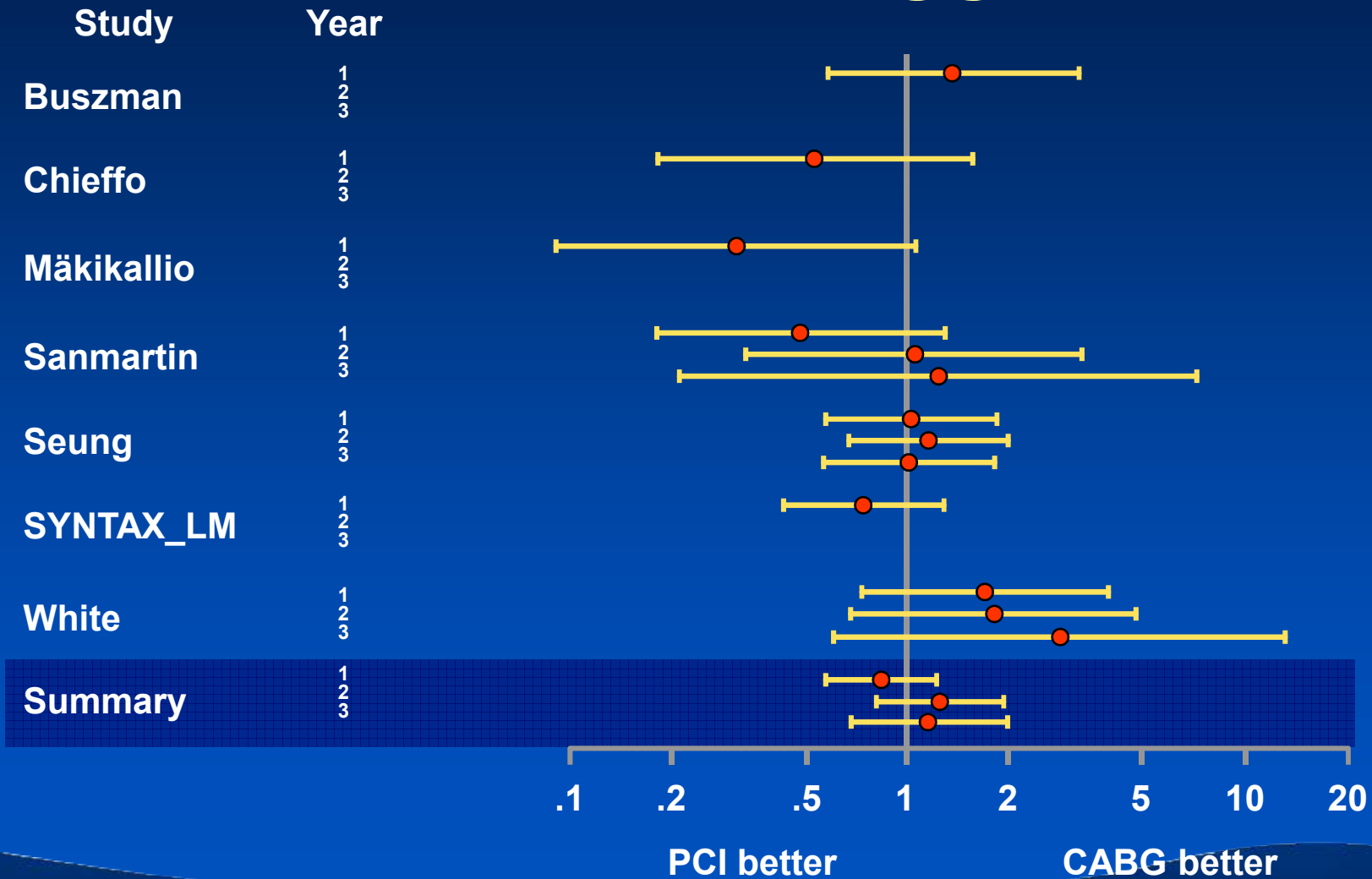
## Mortality



# Unprotected LMCA - PCI vs CABG

Meta-analysis of 3,773 patients in 10 studies (CABG: 2,114 patients, PCI: 1,659 patients)

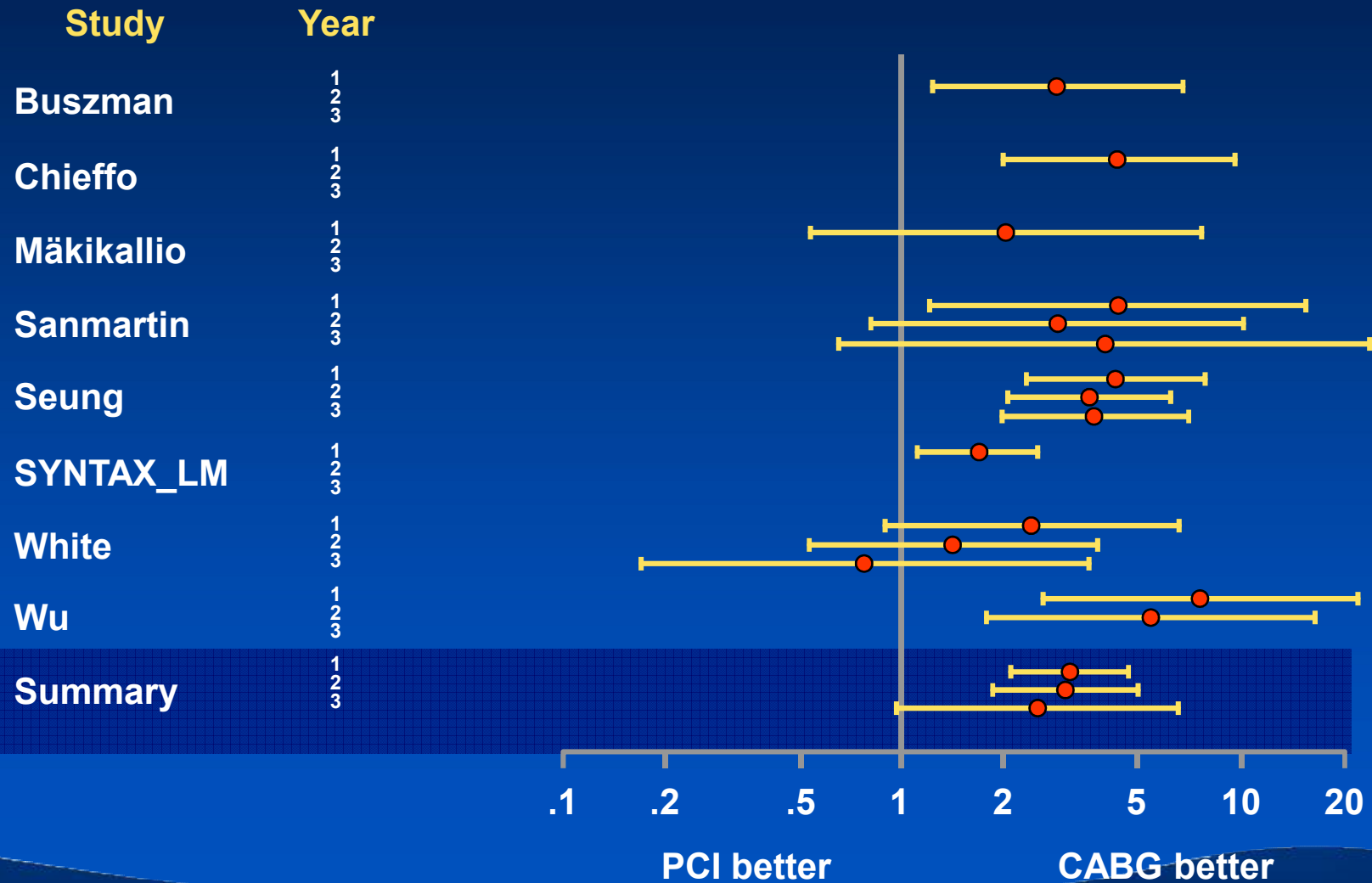
## MACCE



# Unprotected LMCA - PCI vs CABG

Meta-analysis of 3,773 patients in 10 studies (CABG: 2,114 patients, PCI: 1,659 patients)

## TVR



# MAIN COMPARE Registry

**STENT vs CABG** follow-up at 3 year

# The MAIN-COMPARE Study

## Crucial Points

- Total 2,240 patients with either PCI or CABG were included
- 97% of 1,102 patients suitable for either PCI or CABG
- DES used in 71%
- Propensity matched patients
- Central adjudication of events

Seung KB, Park DW, Park SJ, NEJM 2008;358:1781-92

# MAIN COMPARE registry

## Wave 1 (BMS)

LM disease treated with BMS (n=318) and CABG (n=448)

## Wave 2 (DES)

LM disease treated with DES (n=784) and CABG (n=690)

Total  
2240

Stent (N=1102)

CABG (N=1138)



From January 2000 through June 2006

Clinical follow-up every 12 months  
Death, Composite of Death/MI/Stroke, TVR

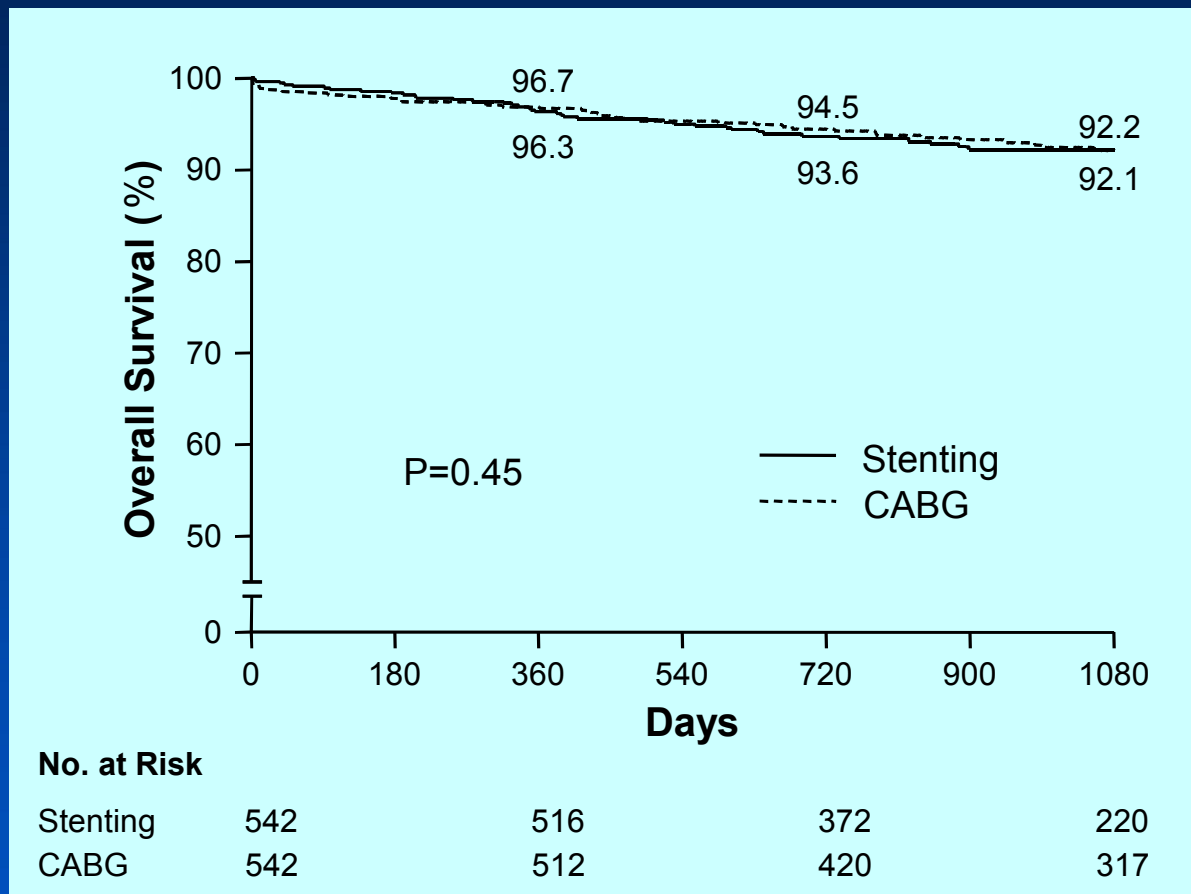
# After Propensity-Matching

Overall matched cohort (n=542 pairs)  
PCI vs CABG



# Death

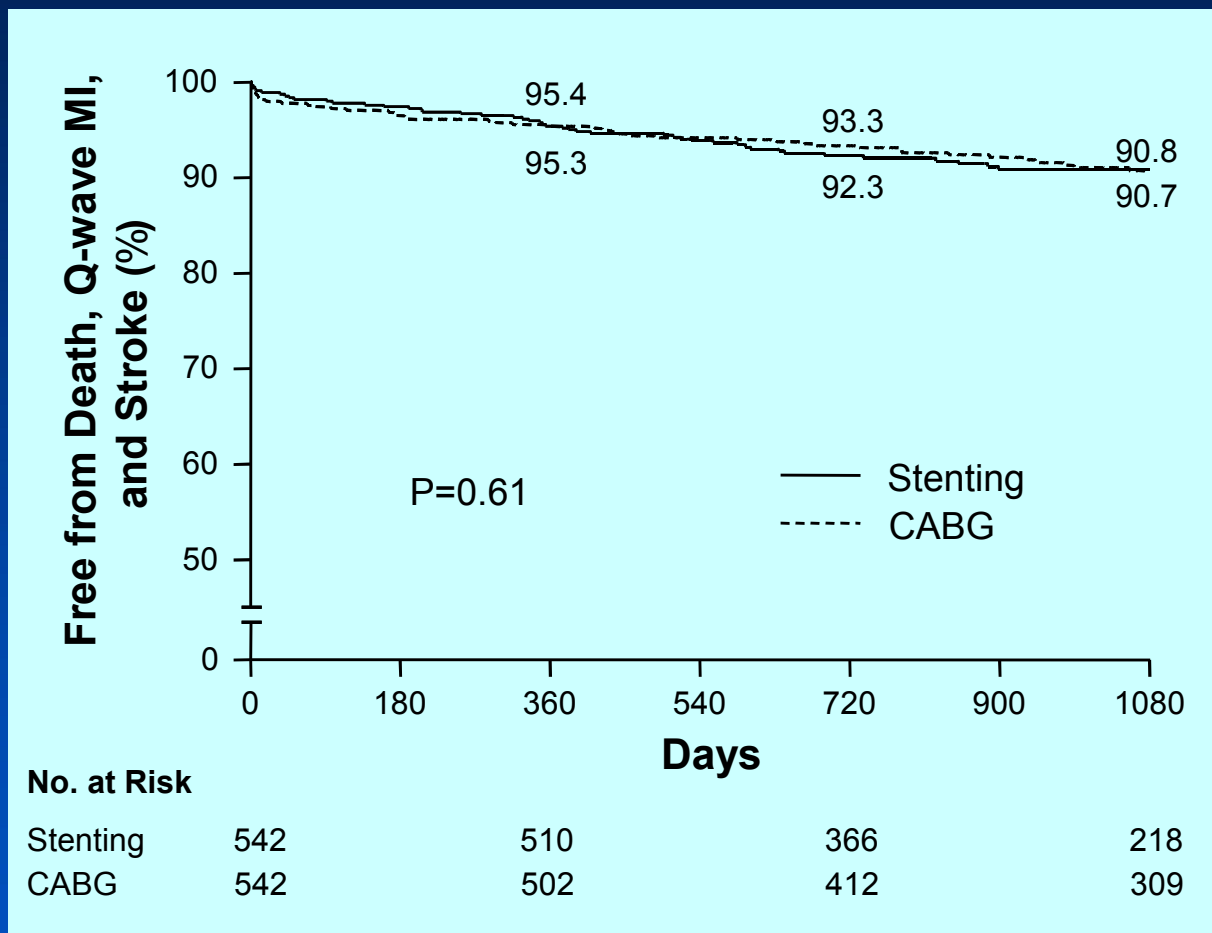
(Overall PCI and CABG matched cohort: 542 pairs)



Seung KB, Park DW, Park SJ, NEJM 2008;358:1781-92

# Death, Q-MI, or Stroke

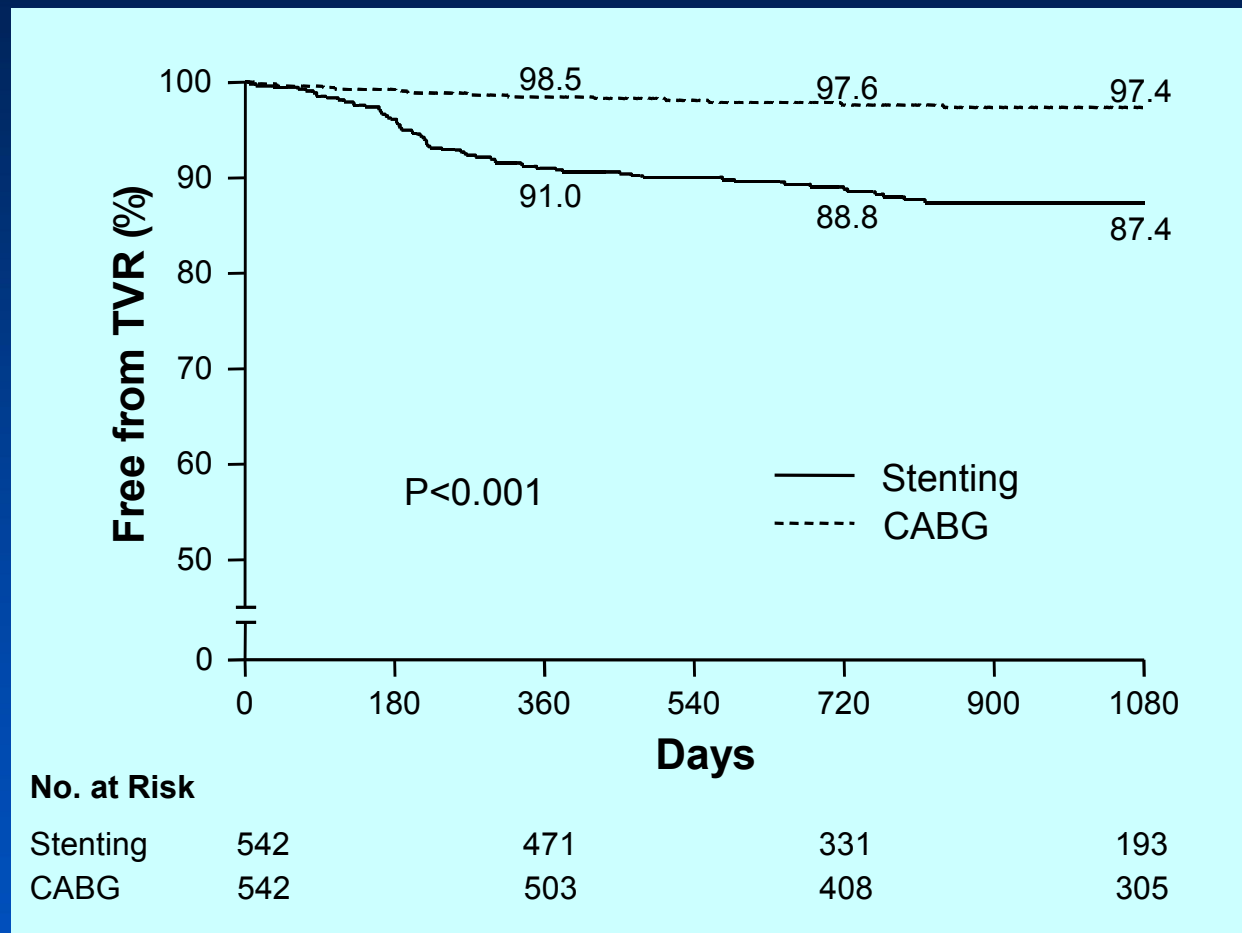
(Overall PCI and CABG matched cohort: 542 pairs)



Seung KB, Park DW, Park SJ, NEJM 2008;358:1781-92

# Target-vessel revascularization

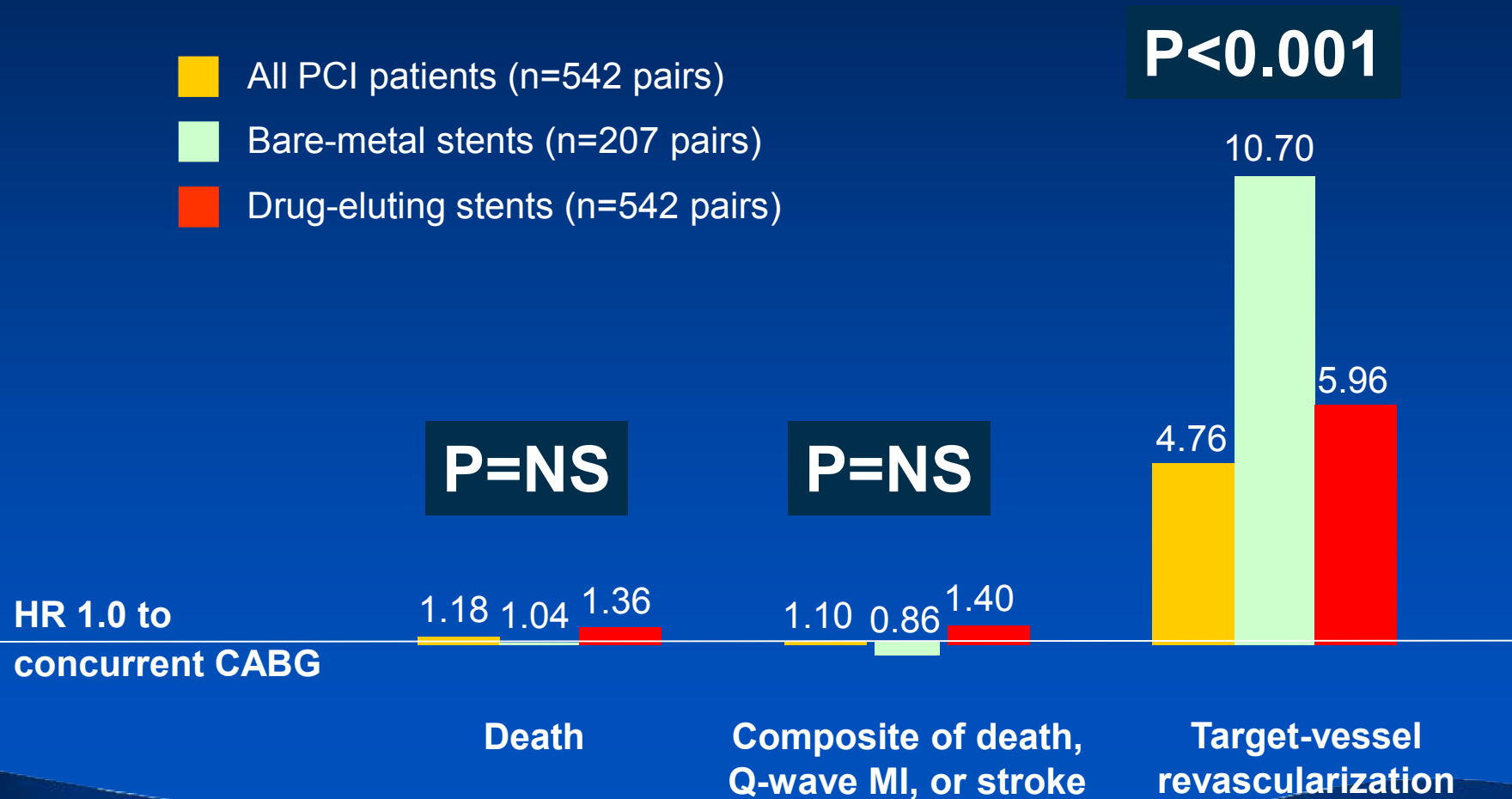
(Overall PCI and CABG matched cohort: 542 pairs)



Seung KB, Park DW, Park SJ, NEJM 2008;358:1781-92

# Hazard Ratios for Clinical Outcomes : Median 3-Year Outcomes

- All PCI patients (n=542 pairs)
- Bare-metal stents (n=207 pairs)
- Drug-eluting stents (n=542 pairs)



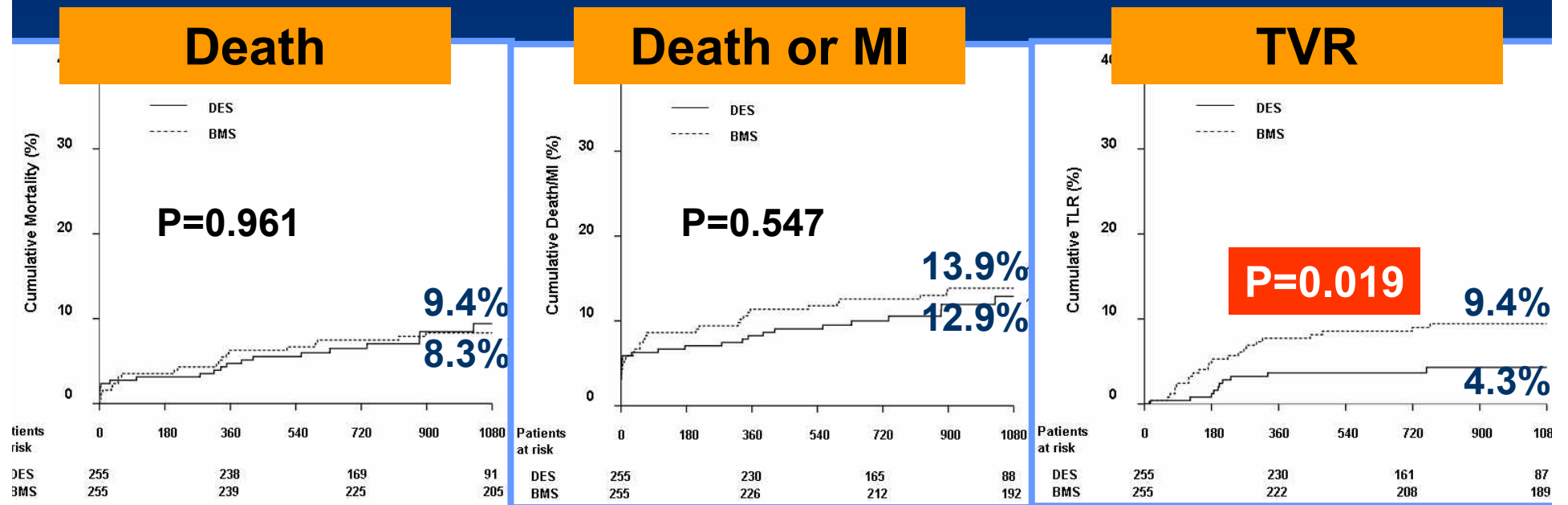
# Key Subgroup Analysis in **MAIN-COMPARE Registry**

- BMS vs. DES
- IVUS guided vs. Angio-guided
- Cypher vs. TAXUS
- Non-distal vs. Distal
- 1 stent vs. 2 stents for distal LM
- Isolated LM disease
- Impact of disease extent
- Impact of DM
- Predictor analysis

# BMS vs. DES

255 Propensity Matched-Pairs

## Clinical Outcomes at 3 year F/U

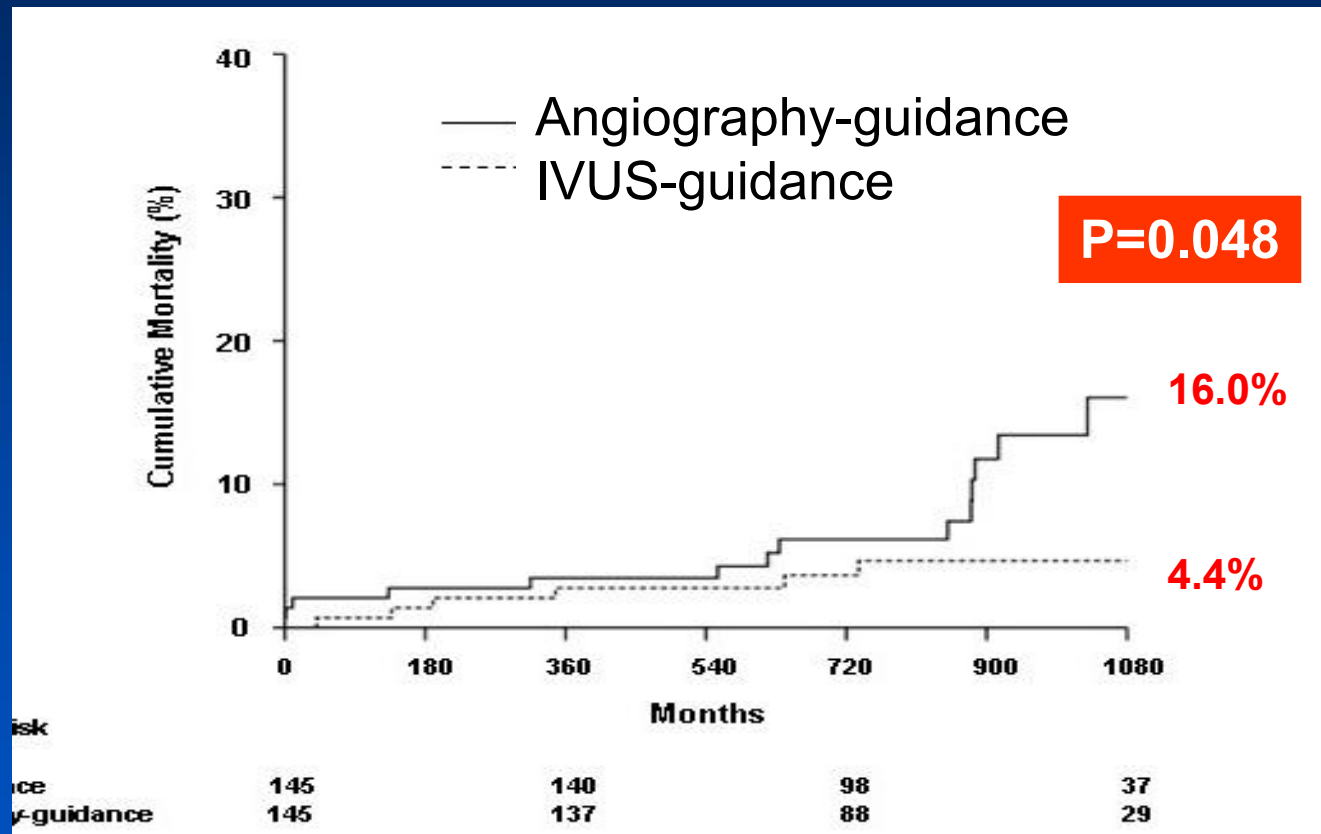


Kim YH, Park SJ, et al. Circulation 2009

# IVUS guided in DES

201 Propensity Matched-Pairs

## All cause Mortality at 3 year F/U



Park SJ et al, Circulation Cardiovasc Intervent 2009

# Cypher vs. TAXUS

## Crude and Adjusted HRs of Clinical Outcomes According to DES Type

Outcome	Crude		Multivariable adjusted†		Adjusted for propensity	
	Hazard Ratio (95% CI)	<i>P</i>	Hazard Ratio (95% CI)	<i>P</i>	Hazard Ratio (95% CI)	<i>P</i>
<b>Death</b>	0.88 (0.49-1.56)	0.66	0.92 (0.47-1.80)	0.82	0.93 (0.50-1.71)	0.81
<b>MI</b>	0.95 (0.54-1.70)	0.87	0.80 (0.43-1.48)	0.47	0.87 (0.48-1.59)	0.66
<b>TVR</b>	1.27 (0.64-2.51)	0.49	1.10 (0.53-2.29)	0.81	1.11 (0.55-2.26)	0.77
<b>Death, MI, or TVR</b>	1.02 (0.71-1.49)	0.90	0.95 (0.64-1.41)	0.79	0.99 (0.67-1.46)	0.95

\*HR for cypher with reference to taxus.

Lee JY, Park SJ, et al. JACC 2009



# Non-distal vs. Distal LM

Crude and Multivariable-Adjusted Cox Regression Analysis ;

**Non-Distal lesions :**  
**DES (N=363) vs. CABG (N=355)**

**Distal Bifurcation lesions :**  
**DES (N=467) vs. CABG (N=566)**

# Hazard Ratios of Clinical outcomes DES in Non-Distal Lesions

Outcome	Crude		Multivariable adjusted	
	Hazard Ratio (95% CI)	P	Hazard Ratio (95% CI)	P
Death	0.97 (0.59-1.59)	0.90	1.001 (0.50-1.99)	0.99
Stroke	2.0 (0.61-6.67)	0.25	1.42 (0.37-5.45)	0.61
TVR	3.83(1.43-10.25)	0.004	<b>7.71 (1.78-33.38)</b>	<b>0.006</b>
Death, Q-MI, or Stroke	0.97 (0.61-1.55)	0.90	1.06 (0.57-1.99)	0.852
Death, Q-MI, Stroke, or TVR	1.23 (0.82-1.85)	0.31	1.51 (0.91-2.49)	0.111

**\*HR for stents with reference to CABG.**

# Hazard Ratios of Clinical outcomes DES in Distal Bifurcation Lesions

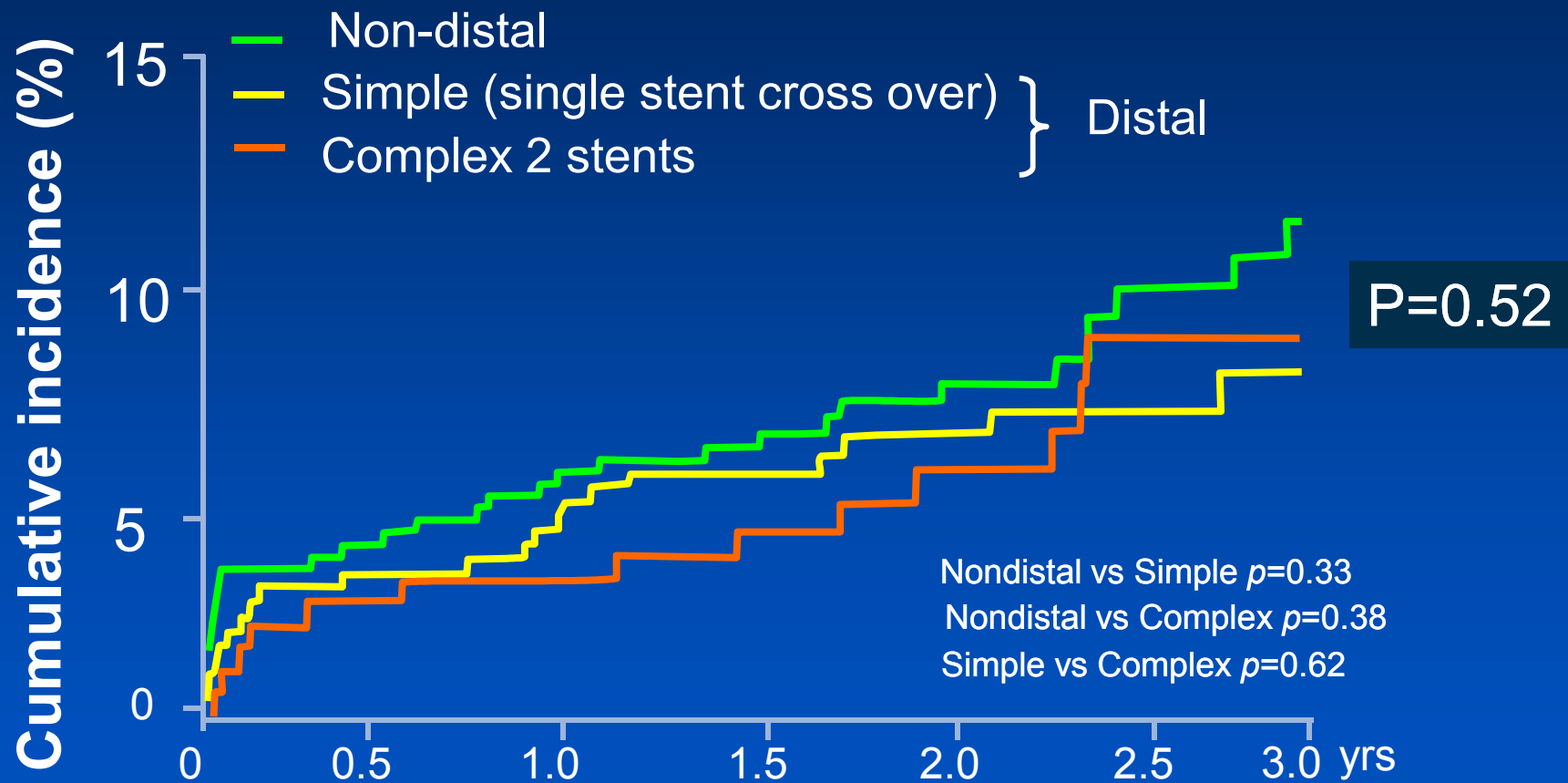
Outcome	Multivariable adjusted	
	Hazard Ratio (95% CI)	P
Death	0.66 (0.35-1.26)	0.21
Stroke	0.72 (0.23-2.23)	0.57
TVR	<b>6.23 (3.12-12.44)</b>	<b>&lt;0.001</b>
Death, Q-MI, or Stroke	0.95 (0.56-1.82)	0.62
Death, Q-MI, Stroke, or TVR	<b>1.42 (1.02-1.97)</b>	<b>0.04</b>

**\*HR for stents with reference to CABG.**

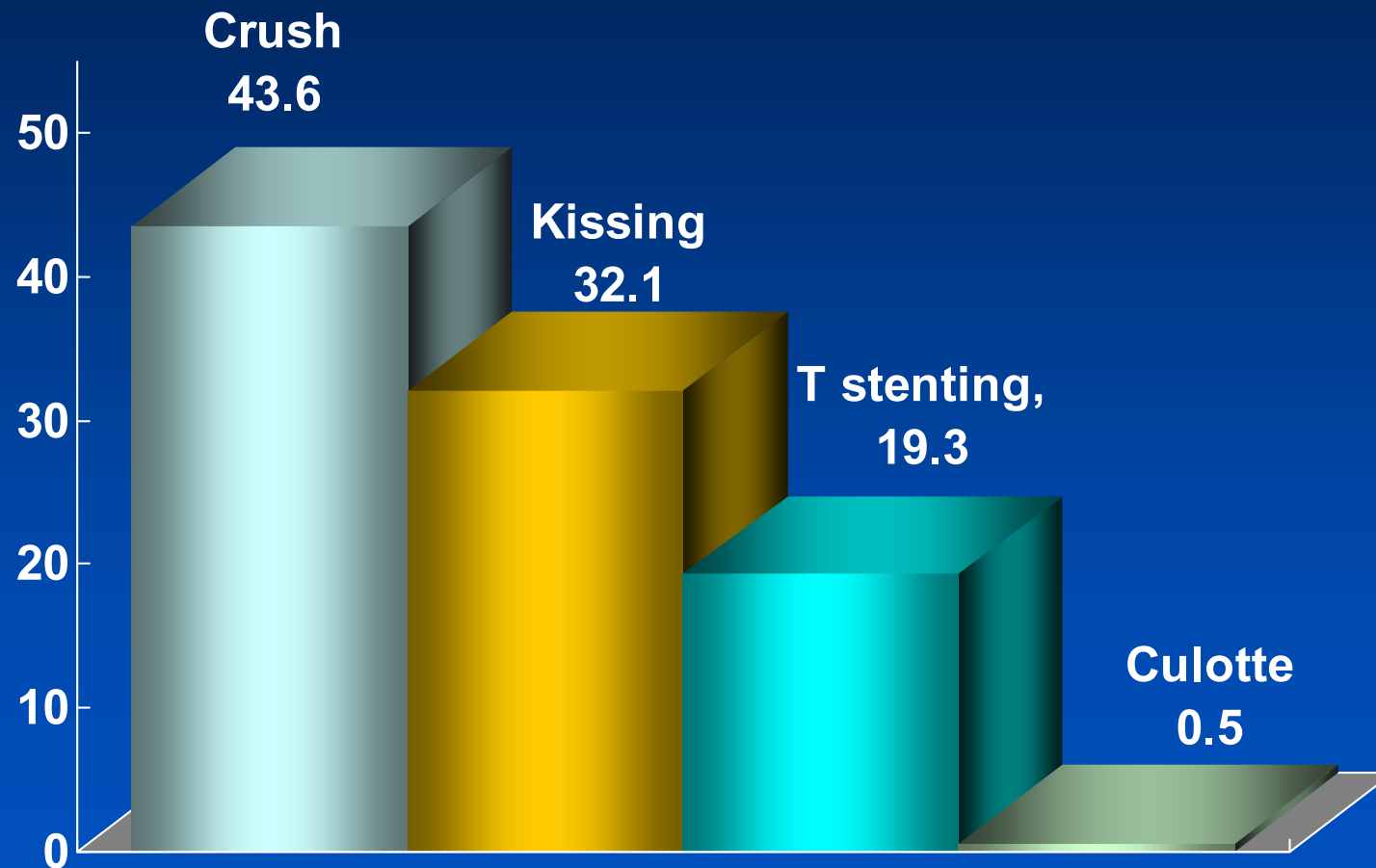
# 1 stent vs 2 stents

## For Distal LM disease

# Death at 3 year F/U



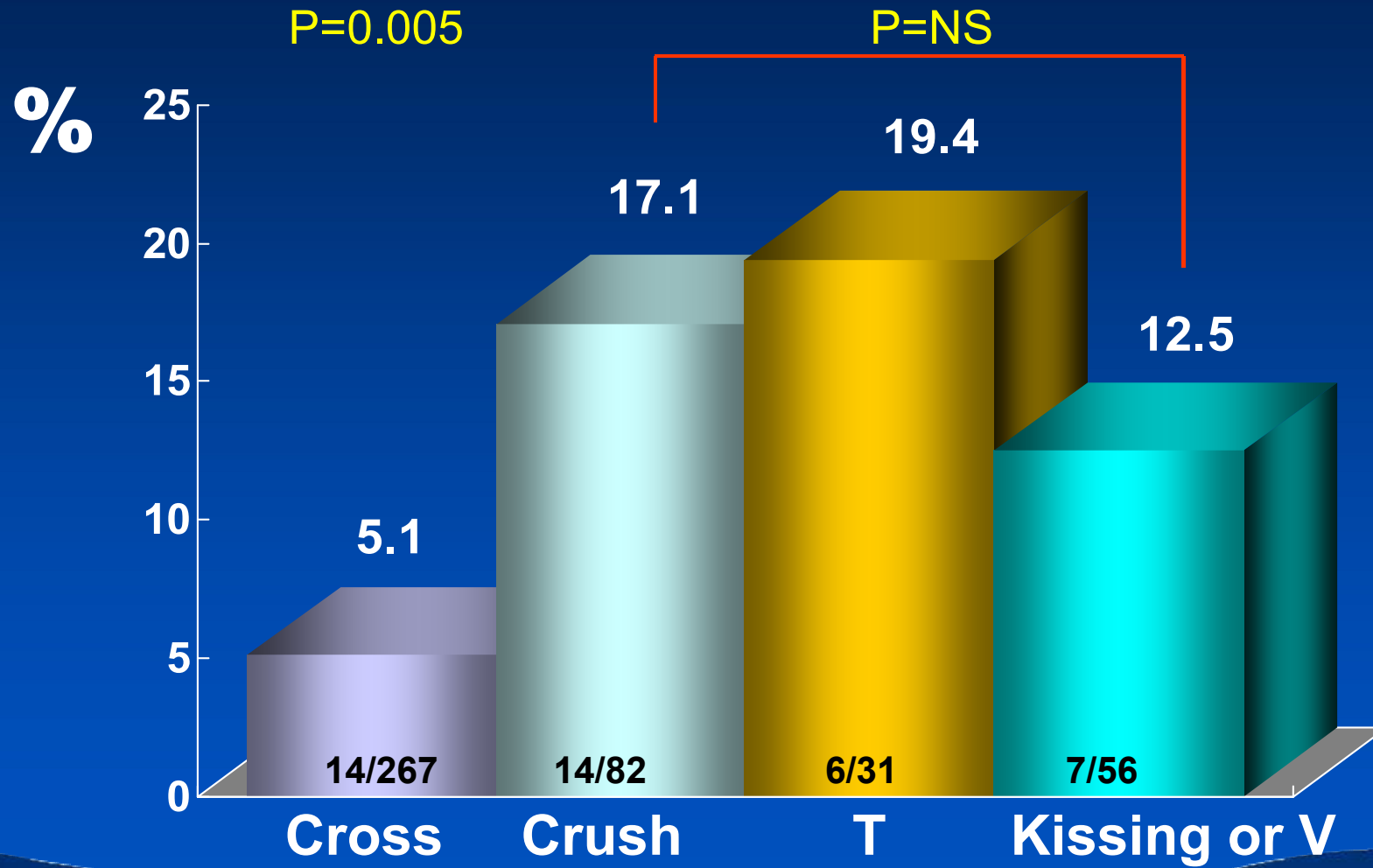
## 2 Stenting Techniques for LM bifurcation (DES, N=503 patients)



*Data from MAIN COMPARE Registry*

# TLR at 4 year

According to LM Bifurcation Stenting Technique



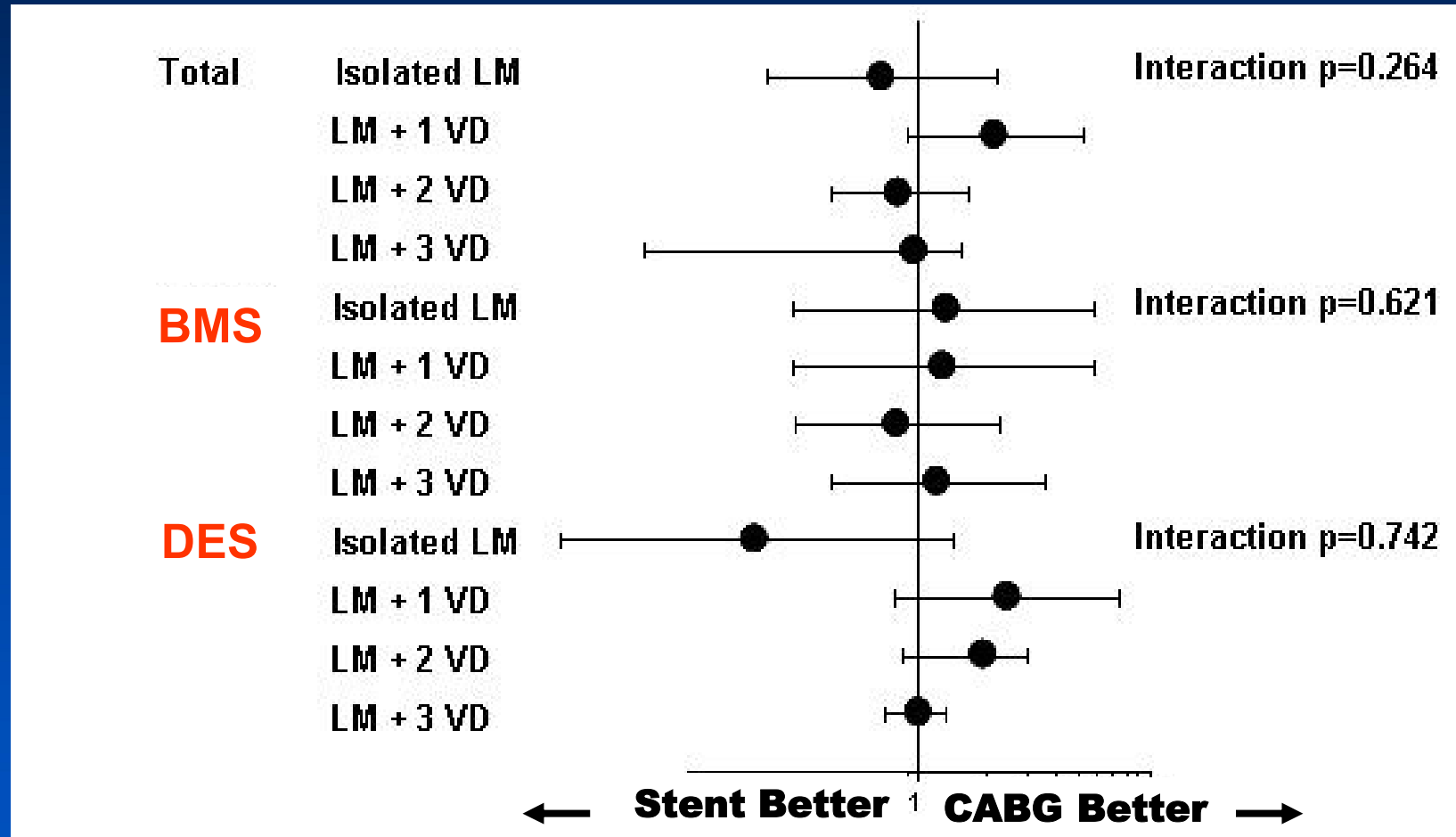
# Impact of Disease Extents

Kim YH, Park SJ, et al. JACC 2009



# Adjusted HR: Treatment effect of Stents to CABG

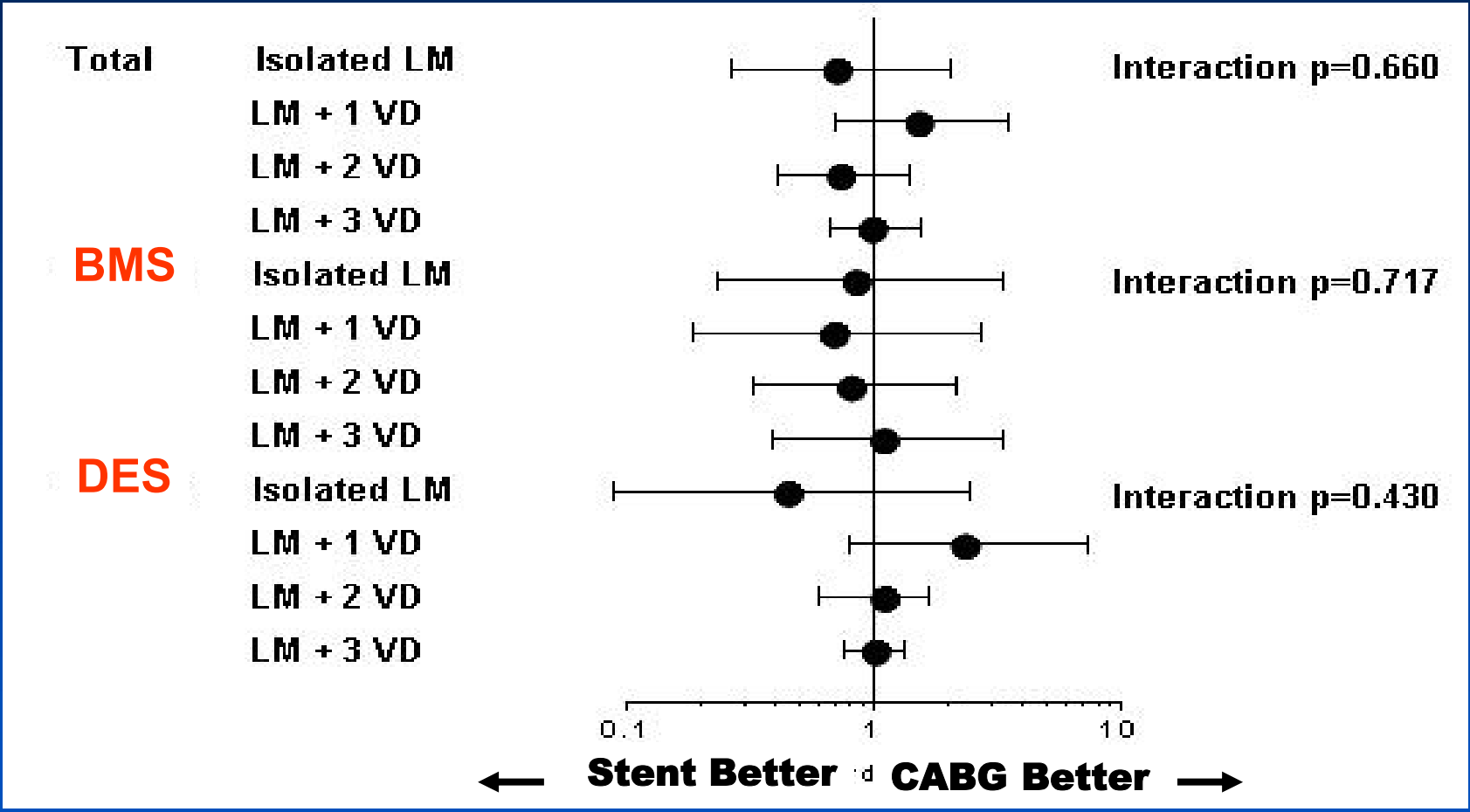
## Death



Kim YH, Park SJ, et al. JACC 2009

# Adjusted HR: Treatment effect of Stents to CABG

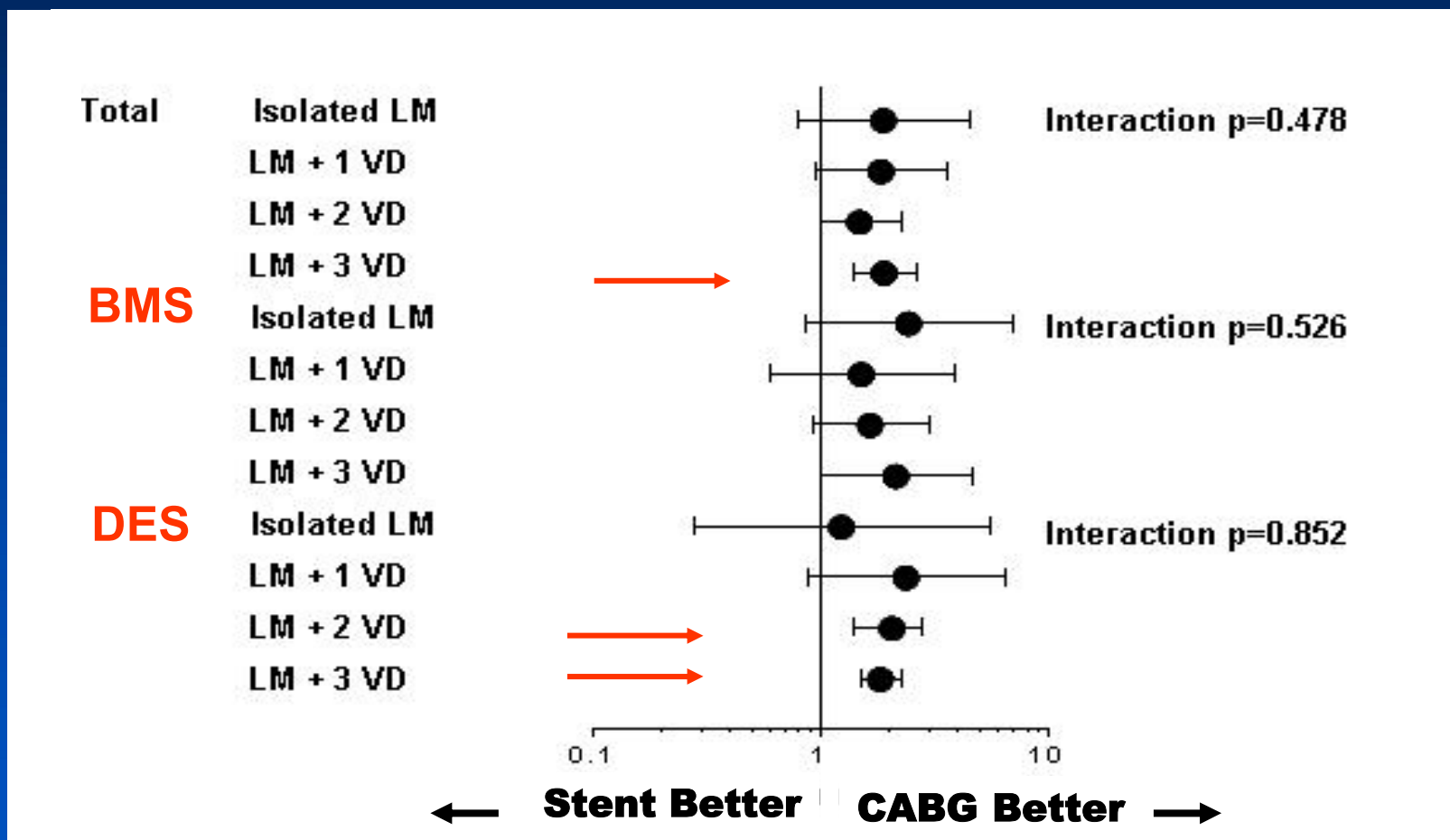
Death, Q-MI, or Stroke



Kim YH, Park SJ, et al. JACC 2009

# Adjusted HR: Treatment effect of Stents to CABG

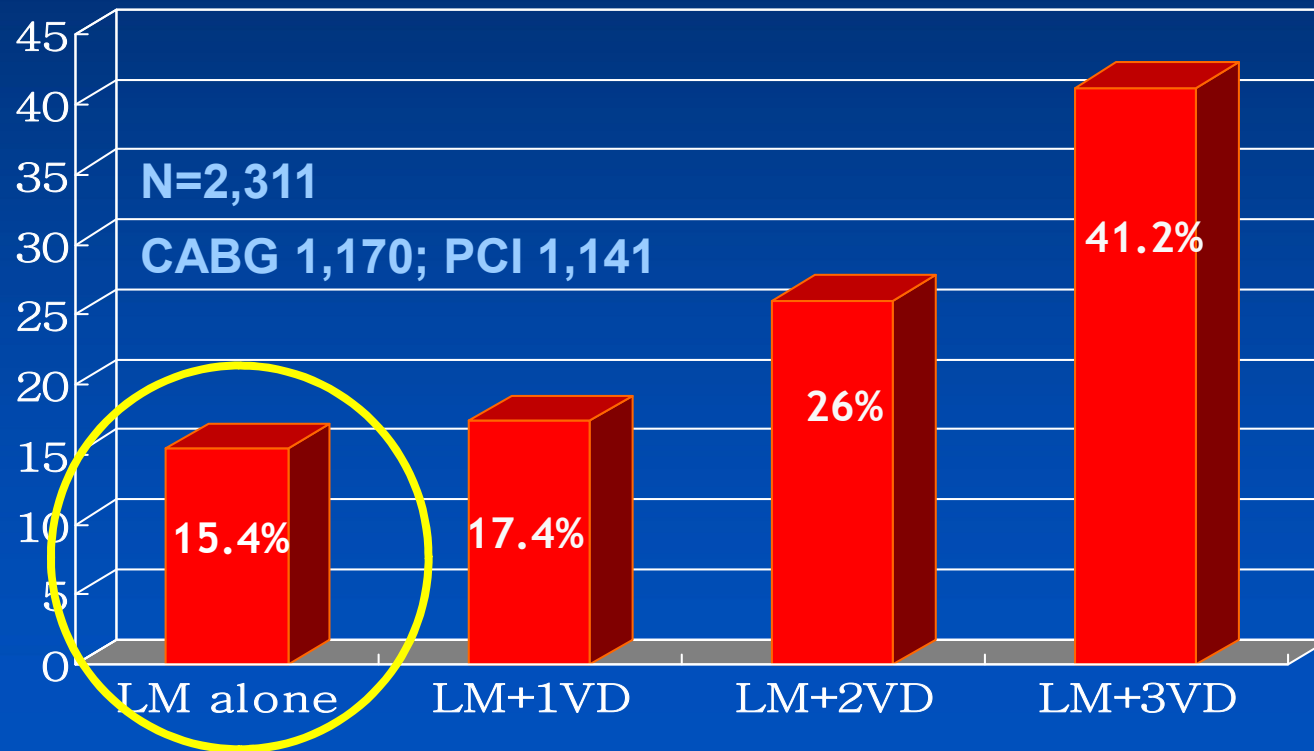
Death, QMI, Stroke, or TVR



Kim YH, Park SJ, et al. JACC 2009

# Isolated Left Main Stenosis

# Supportive data from MAIN COMPARE registry about Isolated LM disease

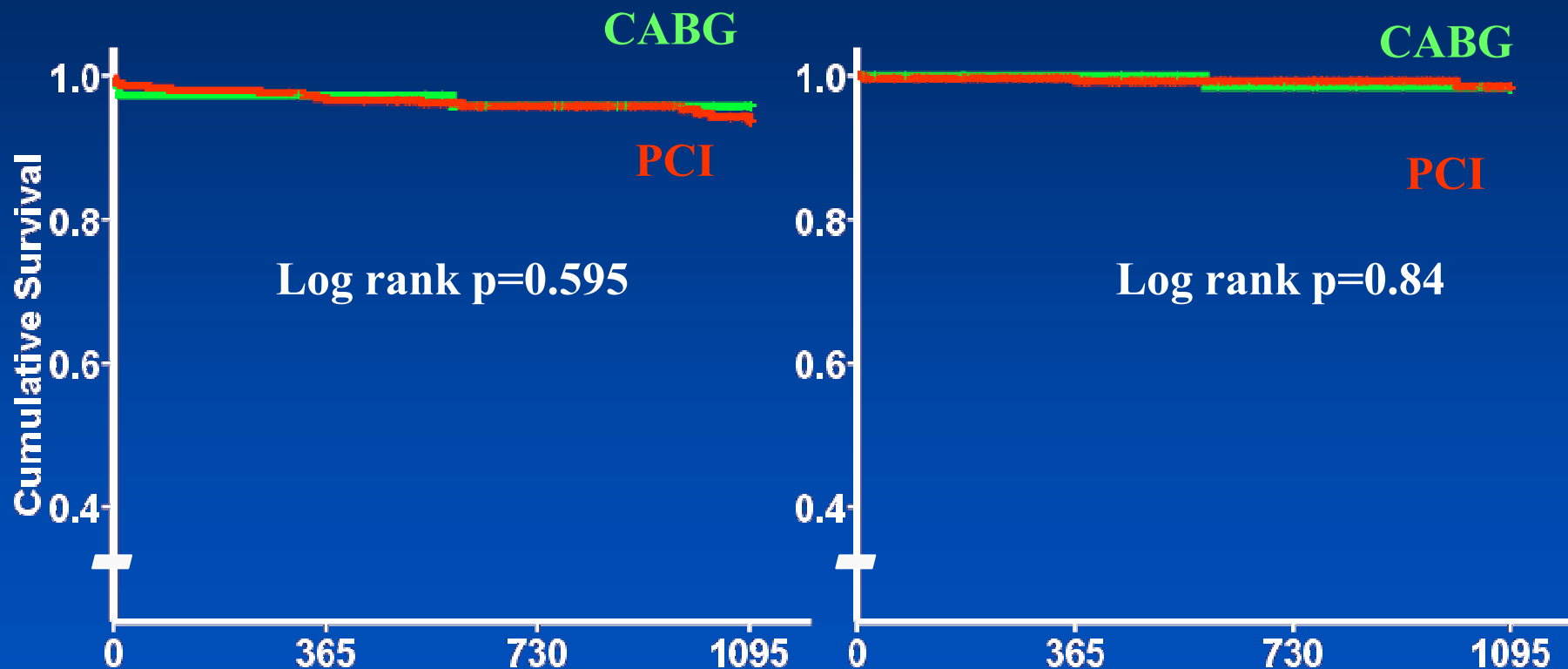


# LM Involved Site

	CABG (n=73)	PCI (n=291)
Ostium	18 (25.7%)	122 (41.9%)
Shaft	27 (38.6%)	103 (35.4%)
Bifurcation	25 (35.7%)	63 (21.6%)

# Clinical Outcomes in Isolated LM disease at 3 years

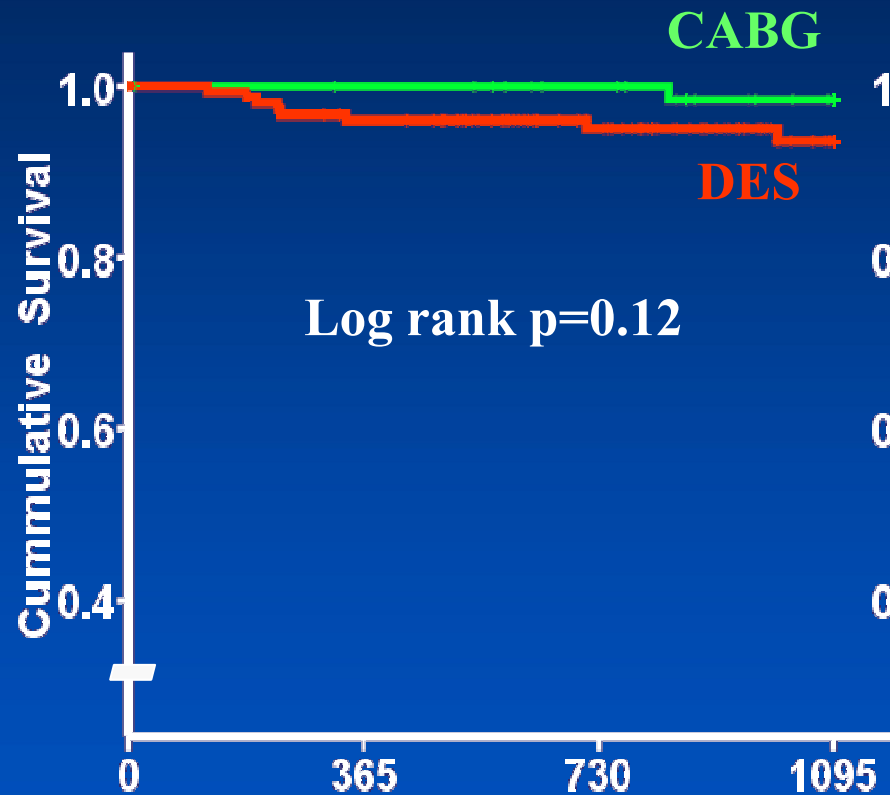
## Death Q- MI



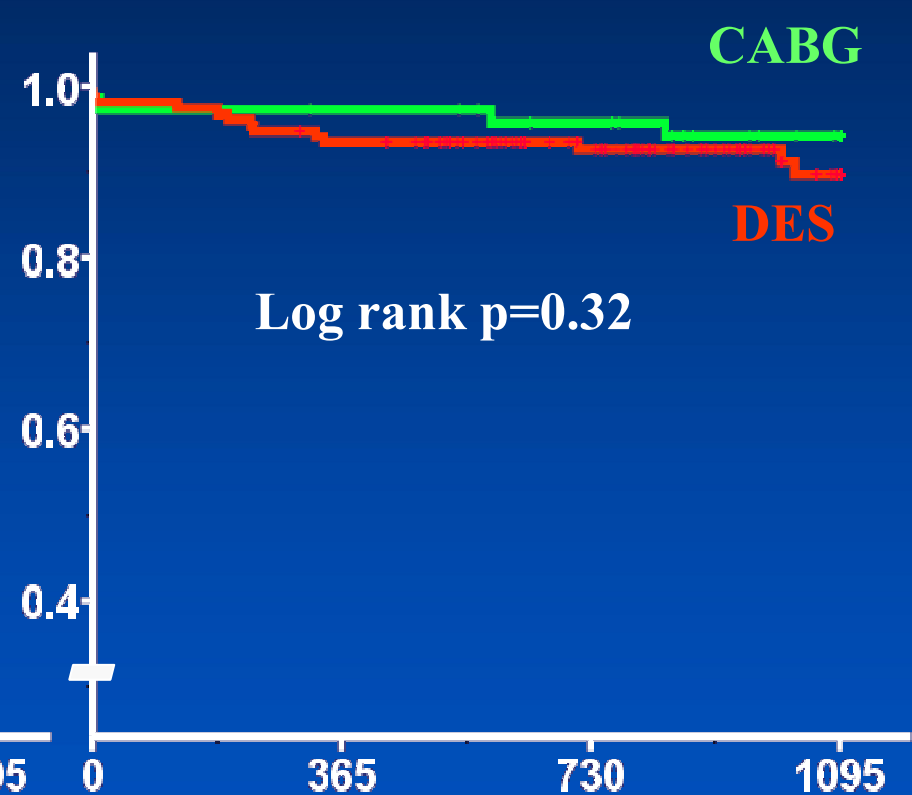
CABG	73	70	65	55	73	67	59	49
PCI	291	281	236	179	291	231	172	116

# Clinical Outcomes in Isolated LM disease at 3 years

## TVR



## MACE



CABG	73	70	65	54
PCI	155	144	105	54

73	70	65	54
155	144	105	54



**Isolated LM disease** may be unique disease entity and has comparable clinical outcomes (all-cause mortality, Q-MI, TVR and composite MACE) with surgery.

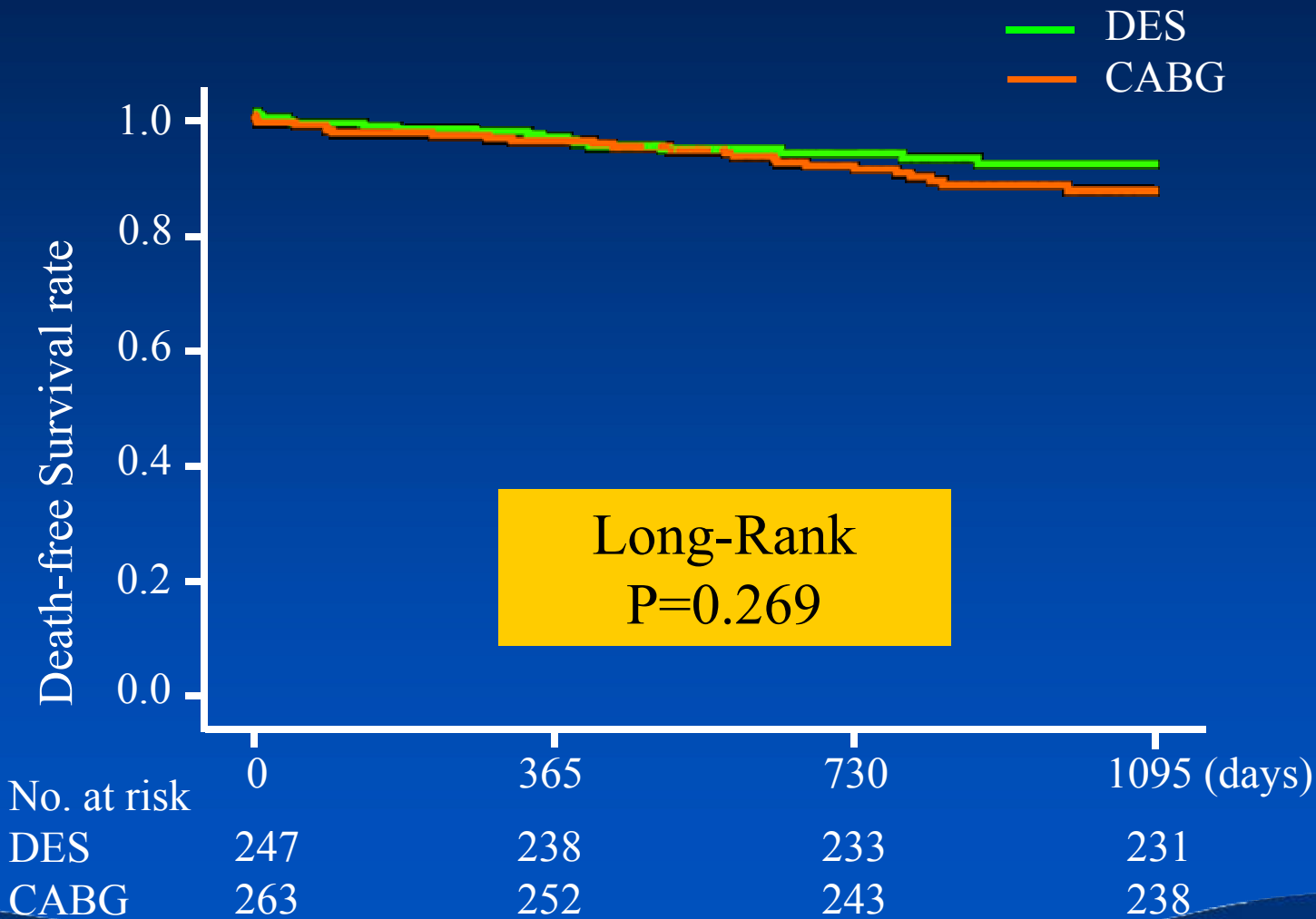
Based on the data from MAIN COMPARE Registry and Syntax trial

# Impact of DM

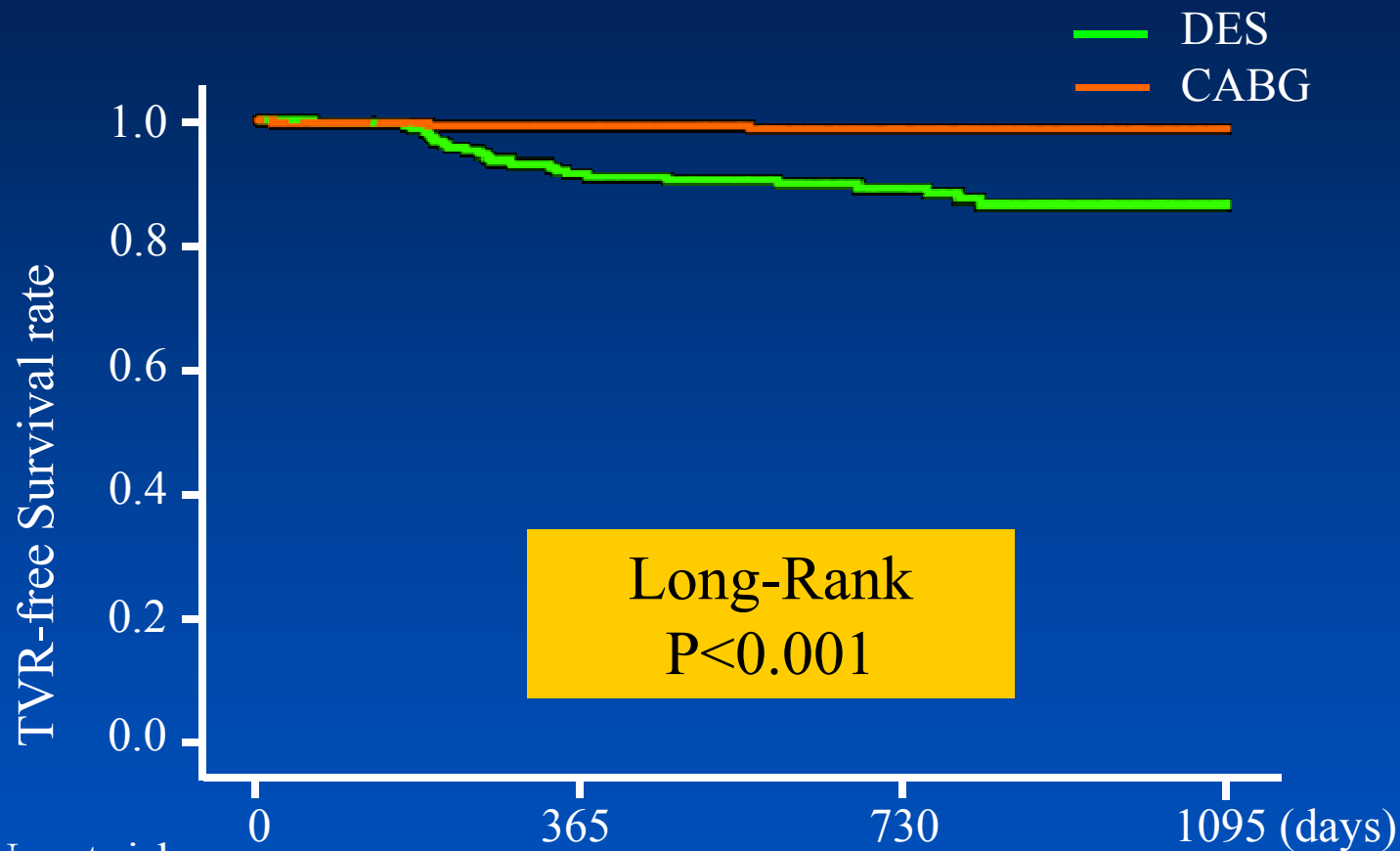
Kim WJ et al, JACC Intv, 2009; 2: 956 – 963

# Unadjusted Kaplan-Meier Curves

## Death in Diabetics



# Unadjusted Kaplan-Meier Curves TVR in Diabetics



No. at risk	0	365	730	1095 (days)
DES	247	230	226	223
CABG	263	261	260	260

# Hazard Ratios of Clinical outcomes : DES vs. CABG for Diabetic Patients

	Crude		Multivariable adjusted*	
	Adjusted HR (95% CI)	P value	Adjusted HR (95% CI)	P value
Death	0.70 (0.38-1.32)	0.27	0.78 (0.38-1.60)	0.50
Q-MI	0.38 (0.04-3.67)	0.39	0.30 (0.02-4.81)	0.39
TVR	9.00 (2.71-29.90)	<0.001	<b>13.14 (3.09-55.92)</b>	<b>&lt;0.001</b>
Stroke	1.29 (0.39-4.22)	0.68	1.72 (0.49-6.02)	0.39
Death/Q-MI/TVR	1.53 (0.95-2.48)	0.08	1.64 (0.96-2.82)	0.07
Death/Q-MI/TVR/CVA	1.41 (0.91-2.20)	0.12	<b>1.95 (1.19-3.22)</b>	<b>0.01</b>

\*HR for stents with reference to CABG.

Kim WJ et al, JACC Intv, 2009; 2: 956 – 963

# Predictors

**MACE** : Death /MI /Stroke

**MACCE** : Death /MI /Stoke and *TVR*

Subgroup Analysis in  
MAIN-COMPARE Study

# Multivariate Predictors by Cox Model

## For MACE (Death/ MI/ Stroke)

Outcomes	Hazard Ratio	95% CI	P value
<b>Overall patients</b>			
EuroSCORE	1.25	1.16, 1.34	<0.001
Chronic lung disease	2.14	1.07, 4.29	0.032
Chronic renal failure	2.67	1.54, 4.63	<0.001
Atrial fibrillation	2.21	1.11, 4.42	0.024
<b>PCI patients</b>			
EuroSCORE	1.17	1.05, 1.31	0.004
Prior congestive heart failure	3.86	1.58, 9.44	0.003
Chronic renal failure	6.15	2.90, 13.01	<0.001
<b>CABG patients</b>			
EuroSCORE	1.27	1.16, 1.39	<0.001
Diabetes mellitus	1.76	1.13, 2.75	0.013
Chronic lung disease	4.03	1.79, 9.05	<0.001
Prior cerebrovascular disease	2.36	1.29, 4.31	0.005
Hyperlipidemia	0.60	0.36, 0.99	0.043

# Multivariate Predictors by Cox Model For MACCE (Death/ MI/ Stroke and TVR)

Outcomes	Hazard Ratio	95% CI	P value
<b>Overall patients</b>			
EuroSCORE	1.10	1.04, 1.16	<0.001
CABG	0.71	0.54, 0.92	0.010
Chronic renal failure	2.32	1.40, 3.85	0.001
Prior cerebrovascular disease	1.58	1.08, 2.33	0.020
Use of intra-aortic balloon pump	2.00	1.09, 3.64	0.024
<b>PCI patients</b>			
Prior congestive heart failure	2.98	1.44, 6.16	0.003
Use of intra-aortic balloon pump	2.25	1.23, 4.10	0.008
Chronic renal failure	4.17	2.27, 7.64	<0.001
<b>CABG patients</b>			
EuroSCORE	1.22	1.12, 1.33	<0.001
Chronic lung disease	2.52	1.15, 5.49	0.021
Prior MI	1.76	1.06, 2.94	0.030
Prior cerebrovascular disease	2.32	1.36, 3.99	0.002



# MAIN COMPARE Registry 5 year Follow-Up

# 5 Year Long-term Outcomes

Complete follow-up for major clinical events was obtained in 97.9% of the overall cohort (98.1% for the PCI group and 97.6% for the CABG group;  $P=0.45$ ).

The median follow-up was 62.0 months (IQR range, 48.0 to 78.3 months) in the overall patients.

# After Propensity-Matching

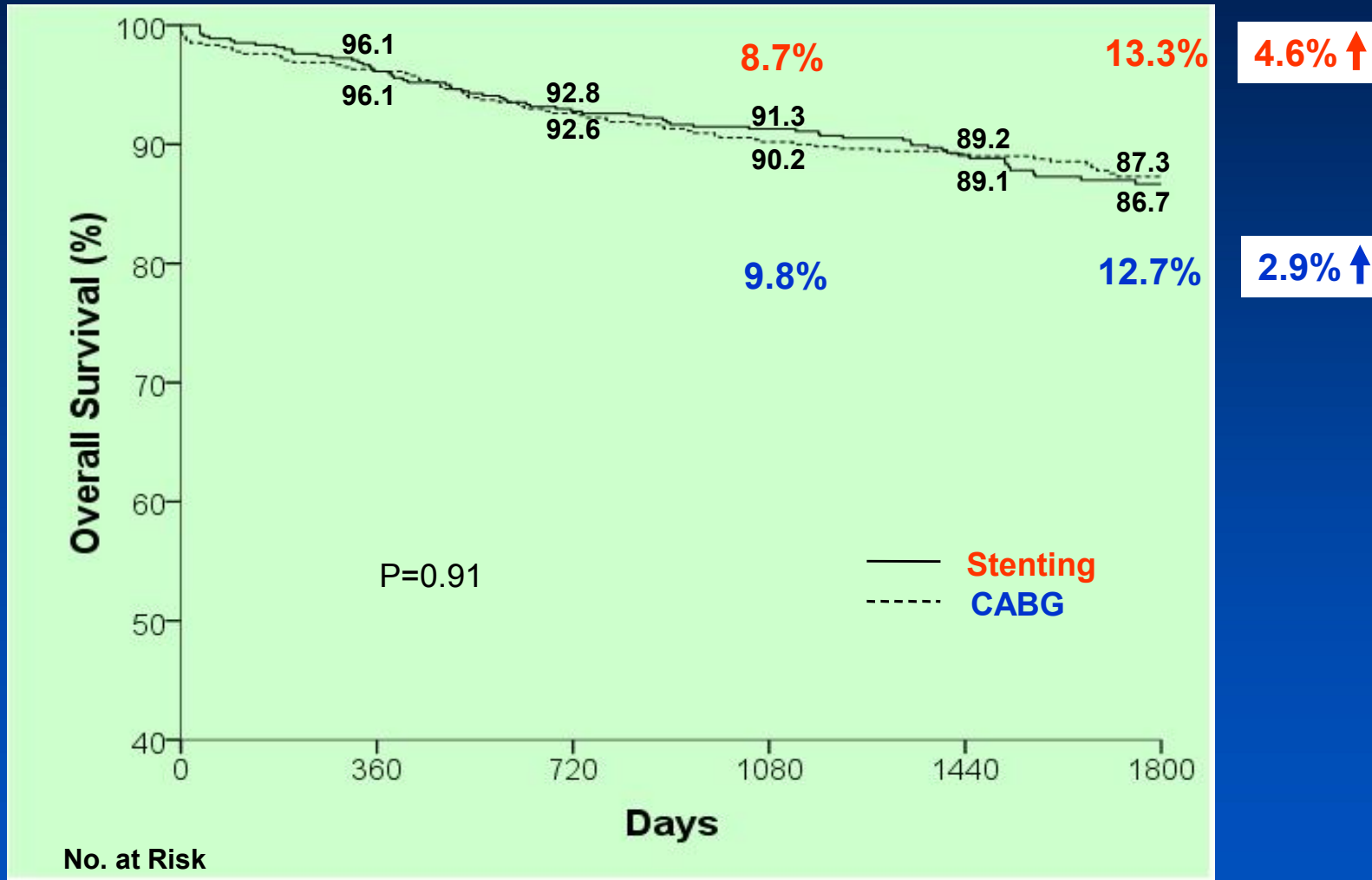
Overall matched cohort (n=542 pairs)

Wave 1; BMS vs. contemporary CABG (n=207 pairs)

Wave 2; DES vs. contemporary CABG (n=396 pairs)

# 5-Year: Death

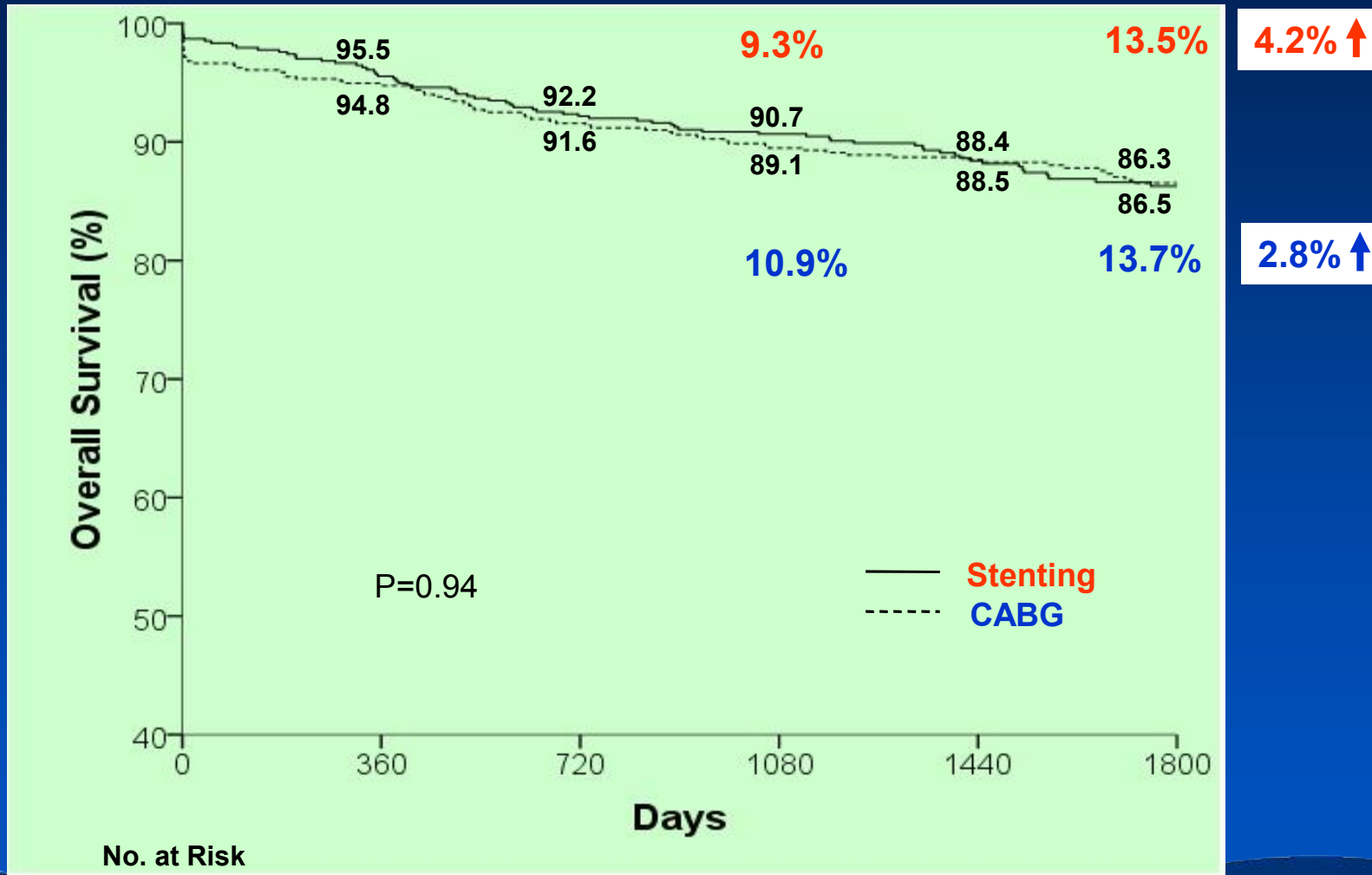
(Overall : 542 pairs)



No. at Risk

Stenting	542	519	499	486	388	241
CABG	542	521	499	478	421	320

# 5-Year: Death, Q-MI, or Stroke (Overall 542 pairs)

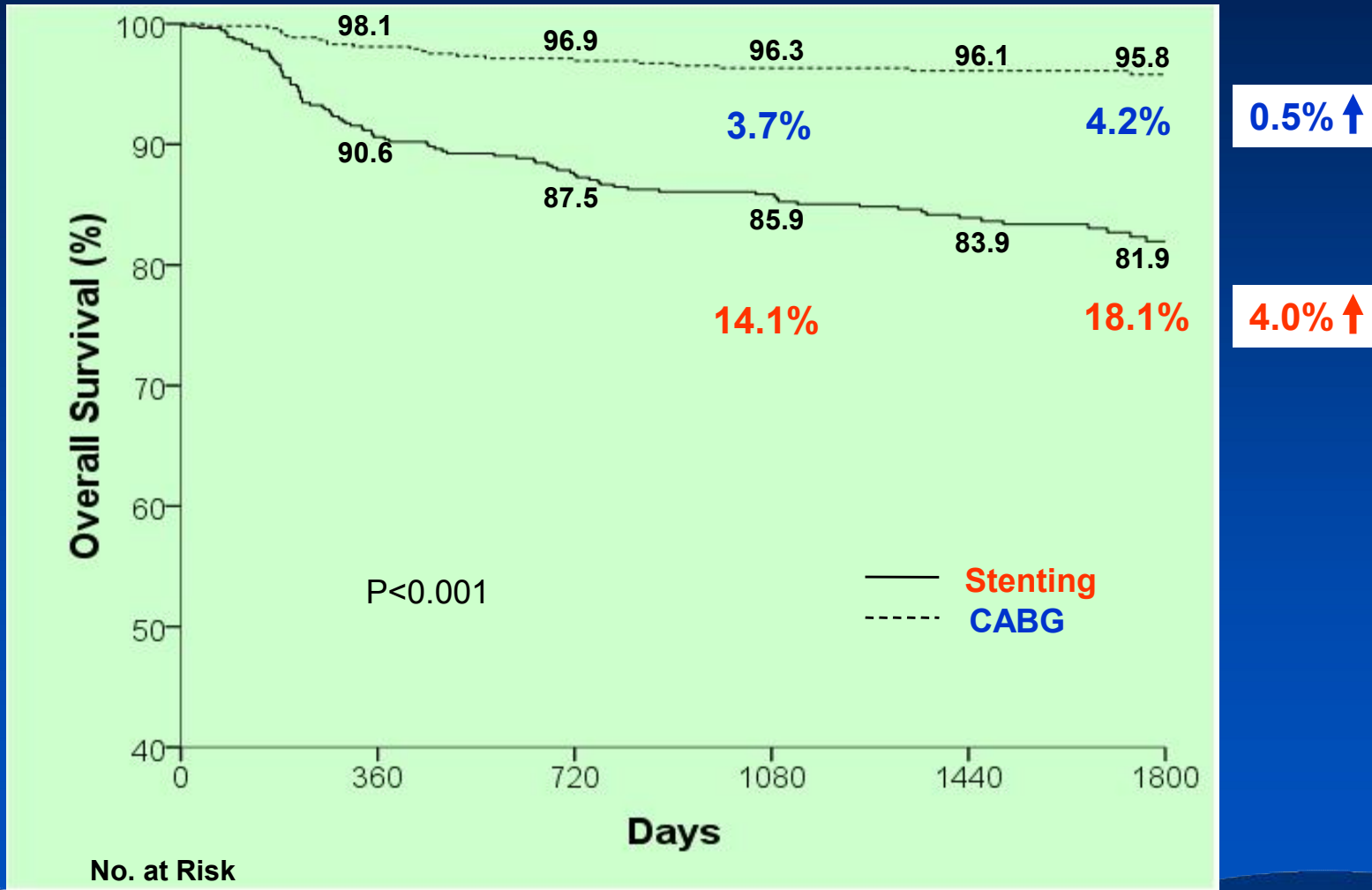


No. at Risk

	0	360	720	1080	1440	1800
Stenting	542	512	492	479	383	239
CABG	542	506	487	467	411	311

# 5-Year: TVR

(Overall : 542 pairs)



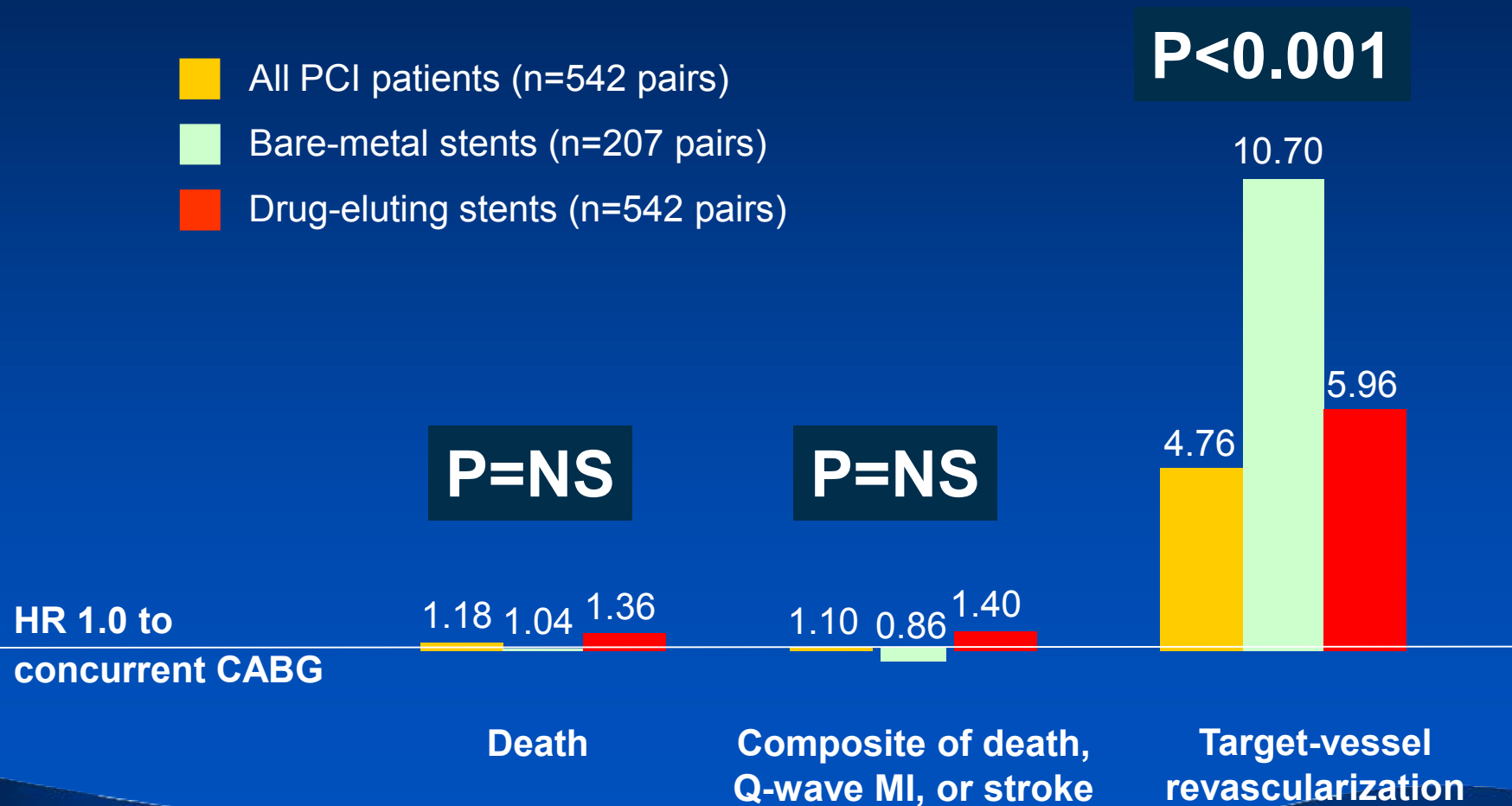
	0	360	720	1080	1440	1800
Stenting	542	472	438	421	328	198
CABG	542	511	484	460	403	305

# HR for Clinical Outcomes after Stenting as Compared with after CABG among Propensity

Outcome	Overall Patients (N=542 pairs)		Wave 1* (N=207 pairs)		Wave 2* (N=396 pairs)	
	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P
Death	1.02 (0.74-1.39)	0.91	1.04 (0.66-1.64)	0.86	1.26 (0.85-1.87)	0.24
Composite outcome	1.10 (0.74-1.38)	0.94	0.94 (0.60-1.47)	0.79	1.27 (0.86-1.87)	0.24
TVR	4.55 (2.88-7.20)	<0.001	7.97 (3.34-19.00)	<0.001	6.69 (3.44-13.03)	<0.001

# Hazard Ratios for Clinical Outcomes : Median 3-Year Outcomes

- All PCI patients (n=542 pairs)
- Bare-metal stents (n=207 pairs)
- Drug-eluting stents (n=542 pairs)





# Hazard Ratios for Clinical Outcomes : Median 5-Year Outcomes

- All PCI patients (n=542 pairs)
- Bare-metal stents (n=207 pairs)
- Drug-eluting stents (n=542 pairs)

**P<0.001**

HR 1.0 to  
concurrent CABG

**P=NS**

**P=NS**

1.02 1.04 1.26

1.10 0.94 1.27



Death

Composite of death,  
Q-wave MI, or stroke

Target-vessel  
revascularization

# **ASAN MAIN** Registry 5 – 10 year Follow-Up

# AMC Works since 1998

1997

J Am Coll Cardiol 1998;31:37-42 : Early experience

1998

Am J Cardiol 1998;82:670-3 : IVUS analysis

1999

J Am Coll Cardiol 2001;38:1054-60 : Role of debulking

2000

Circulation 2001;104:1609-1614 : ULTIMA registry

**More than 1,200 patients have been preformed unprotected left main stenting in AMC**

2003

Am J Cardiol 2004;93:75-80 : Acute MI

2004

JACC 2005;45:351-6 : SES stenting.

2005

Am J Cardiol 2006;98:1567-1570 : EuroSore evaluation

2007

Int Jour of Cardiology 2007. 208-213 : 5 year F/U data

2008

Catheter Cardio Interv 70:840-846, 2007: Kissing stent technique longterm

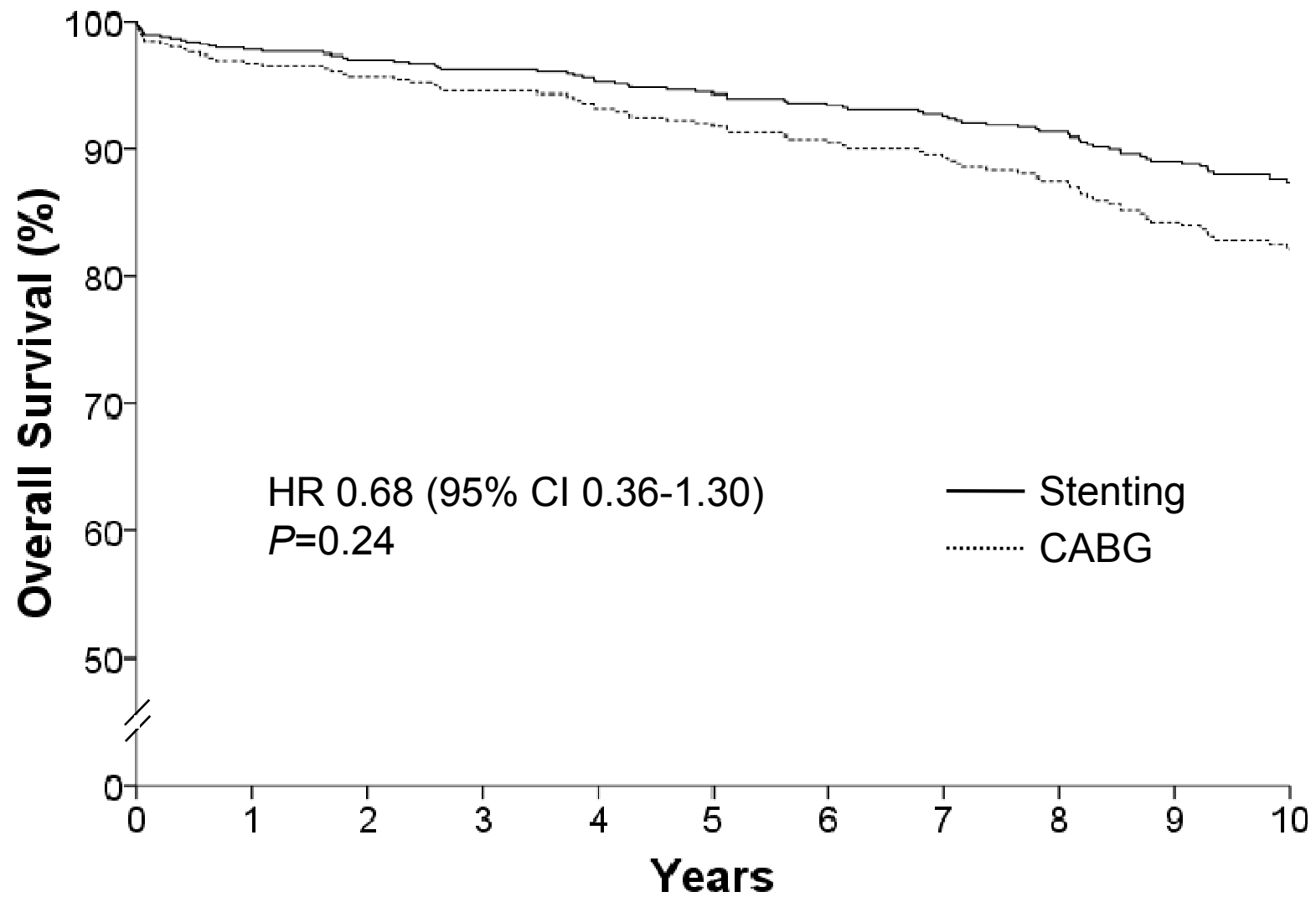
NEJM. 2008 Apr 24;358(17):1781-92. MAIN COMPARE registry

# 10 Year Clinical Outcomes

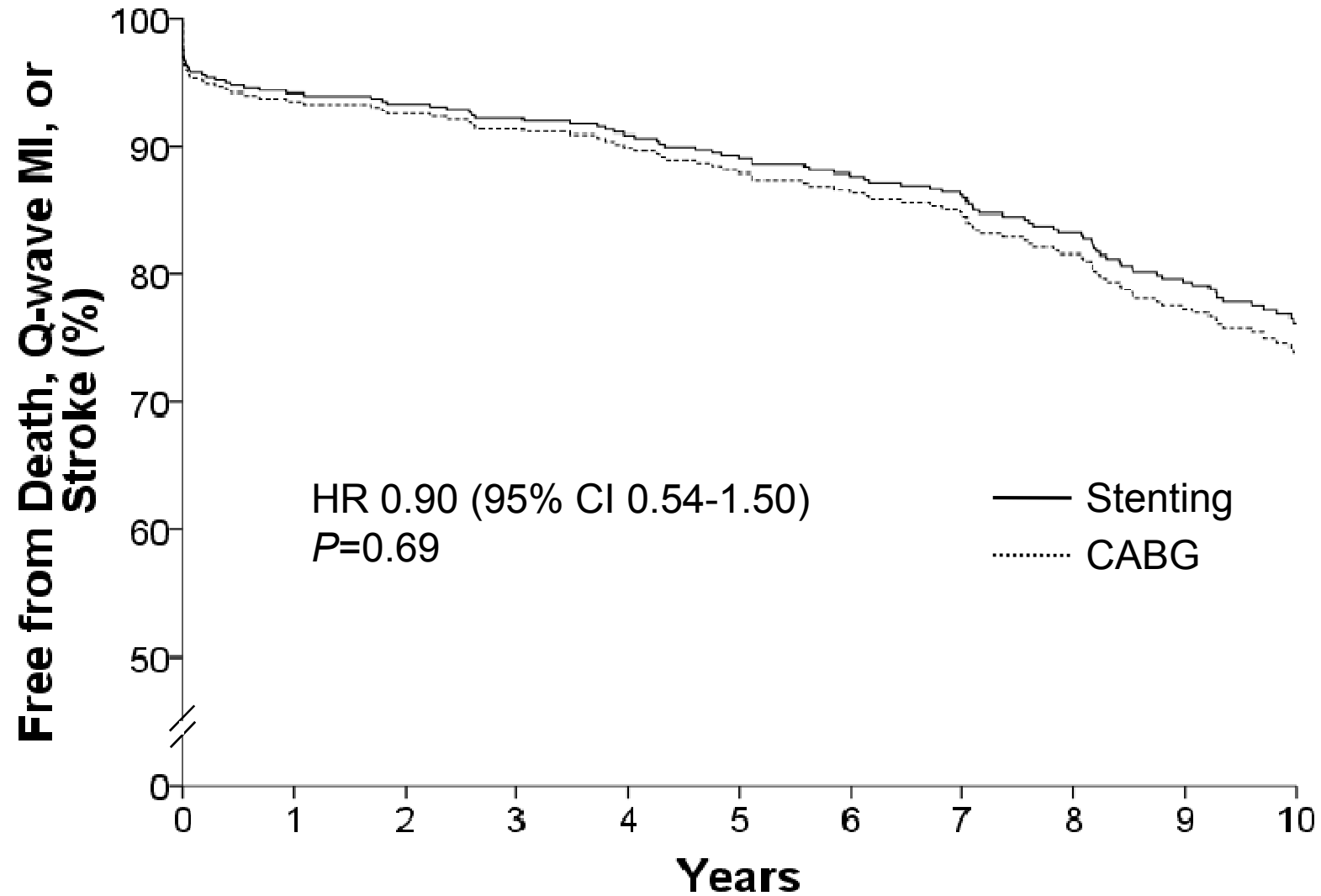
**BMS vs. CABG**  
**(100 : 250 pts)**

**for Unprotected LMCA Disease**

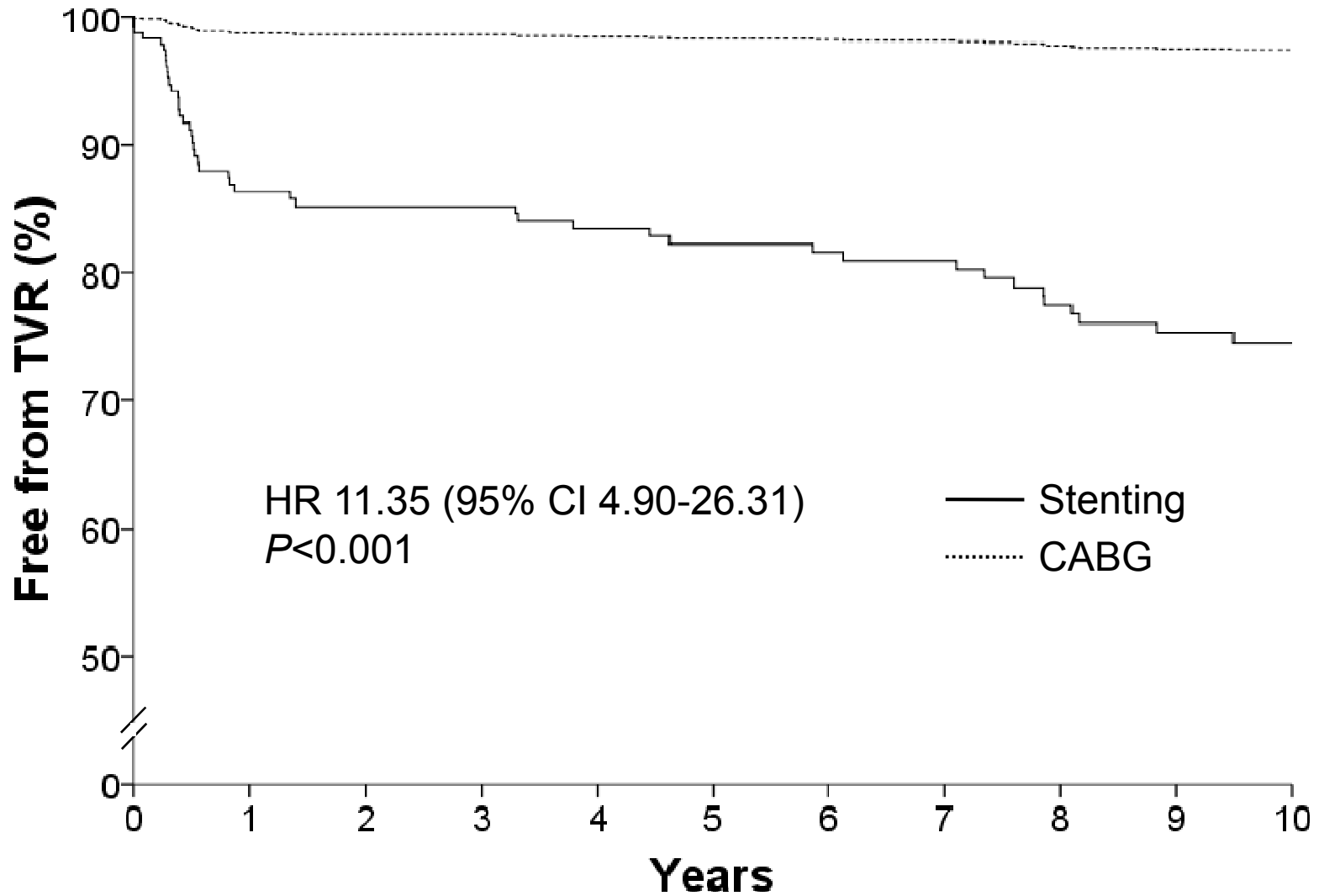
# Adjusted Outcomes: **Death**



# Adjusted Outcomes: **Death, Q-MI, Stroke**



# Adjusted Outcomes: TVR



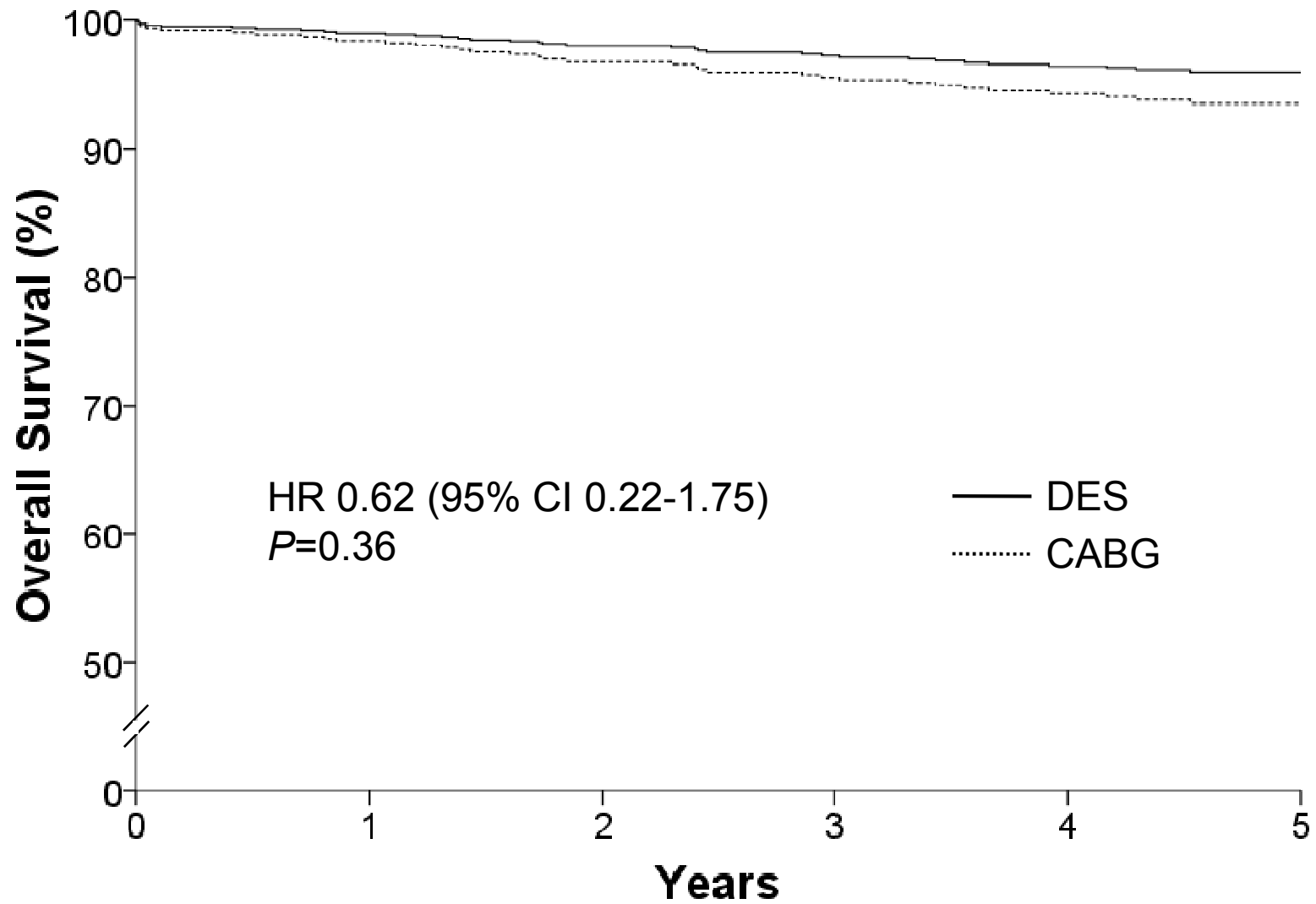
# 5 Year Clinical Outcomes

**DES vs. CABG**  
**(176 : 219 pts)**

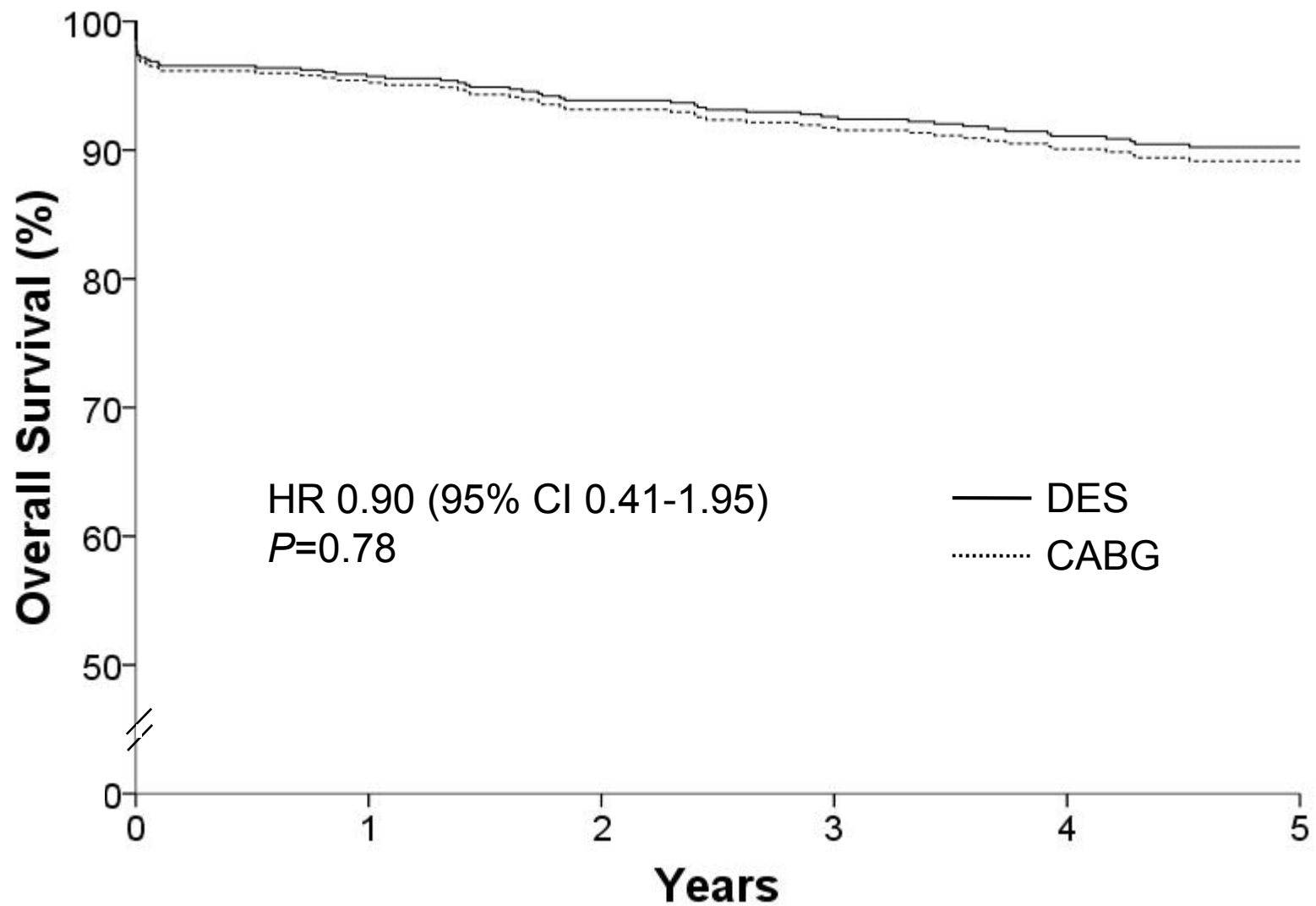
**for Unprotected LMCA Disease**



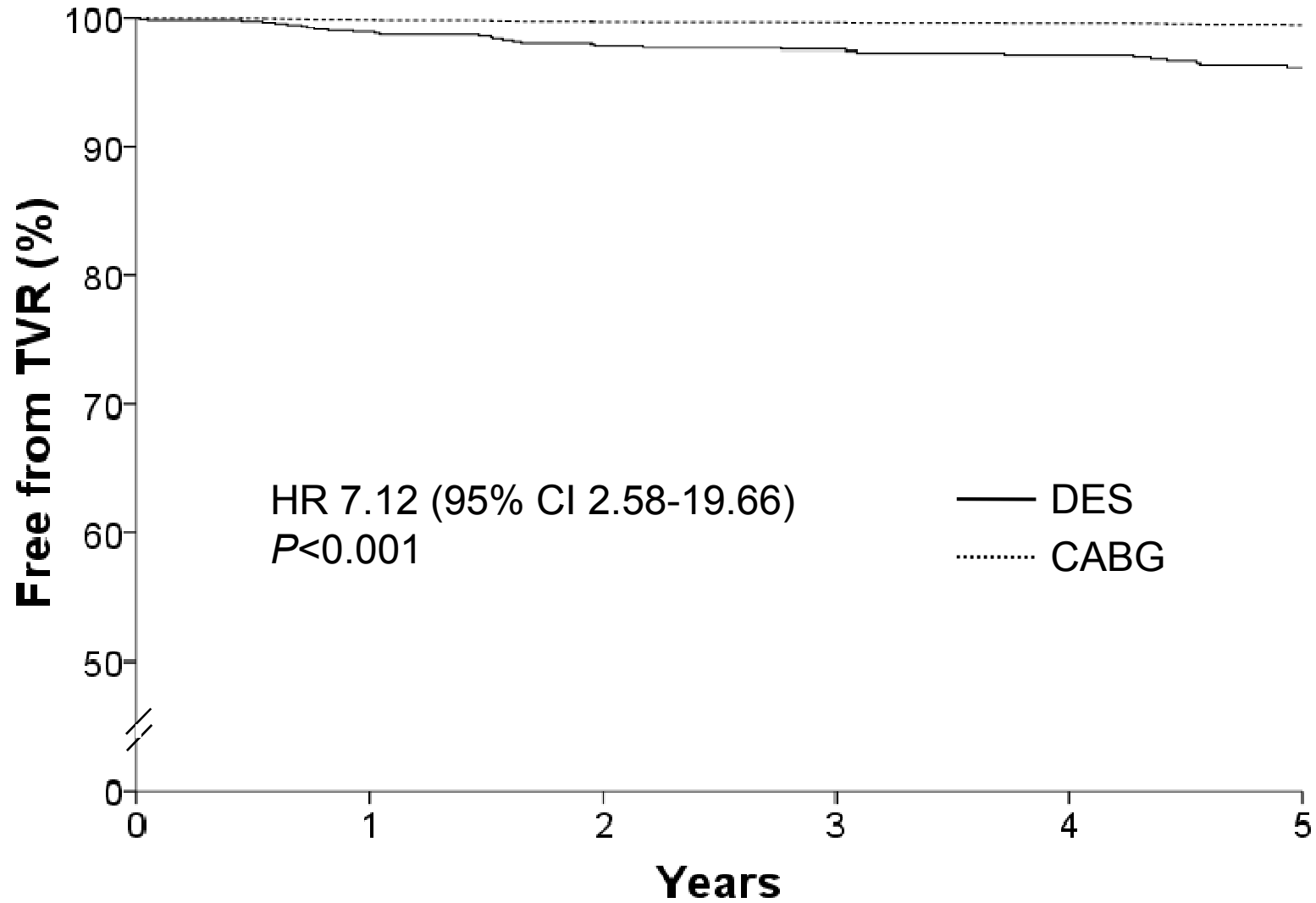
# Adjusted Outcomes: **Death**



# Adjusted Outcomes: **Death, Q-MI, Stroke**



# Adjusted Outcomes: TVR

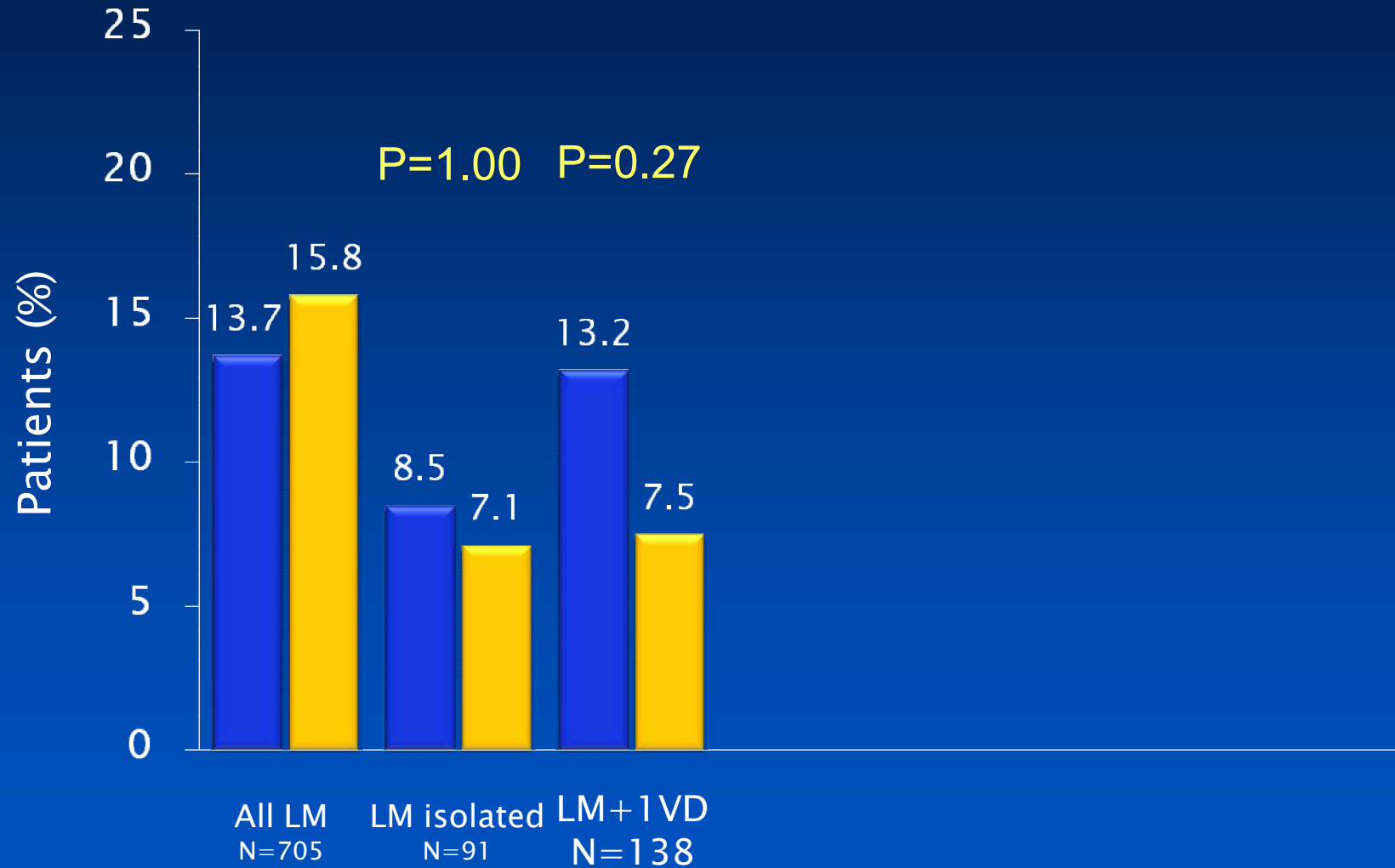


# SYNTAX

## LM subgroup

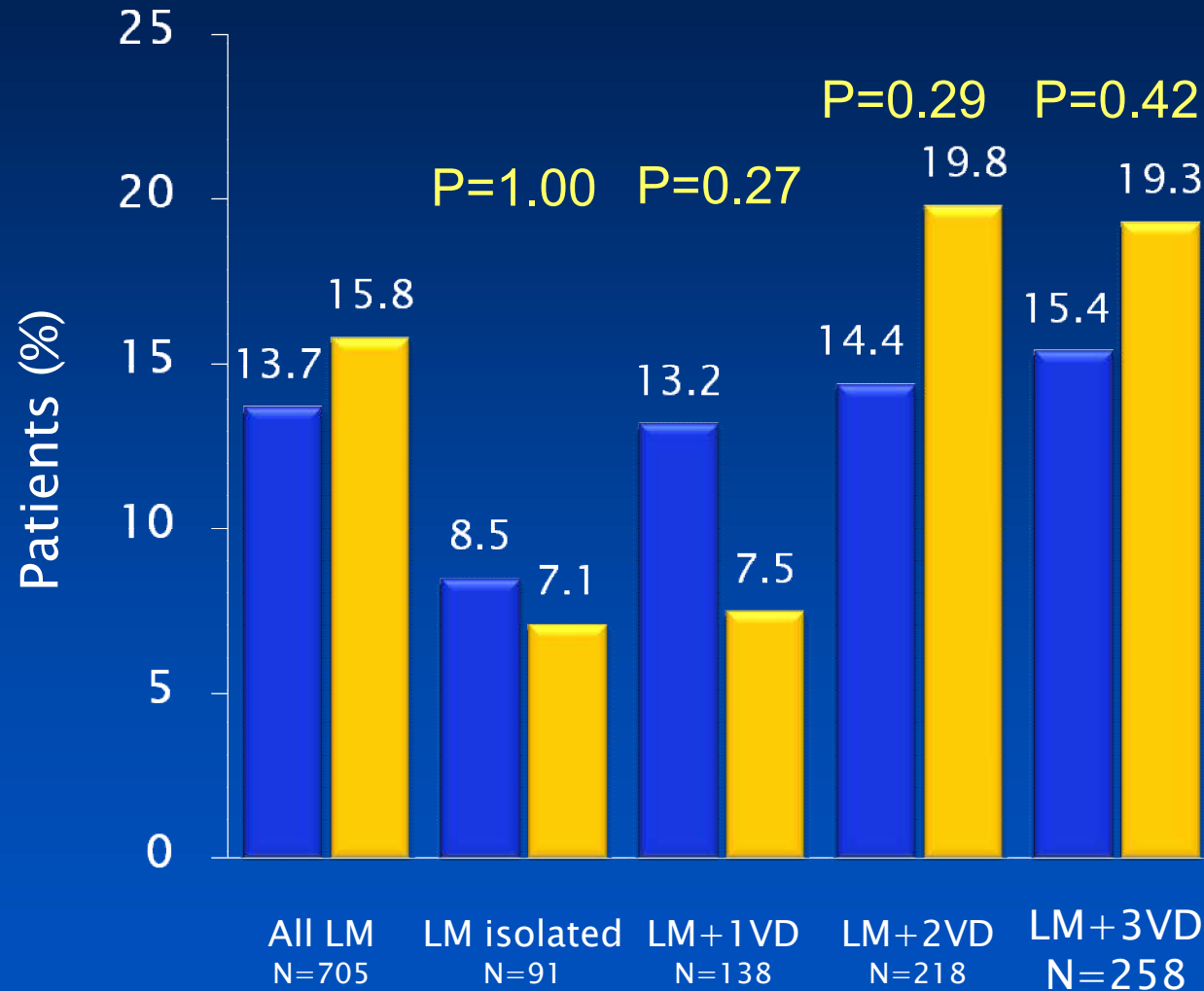
# Left Main and Three Vessel Disease Subgroup MACCE Rates at 12 Months

CABG TAXUS



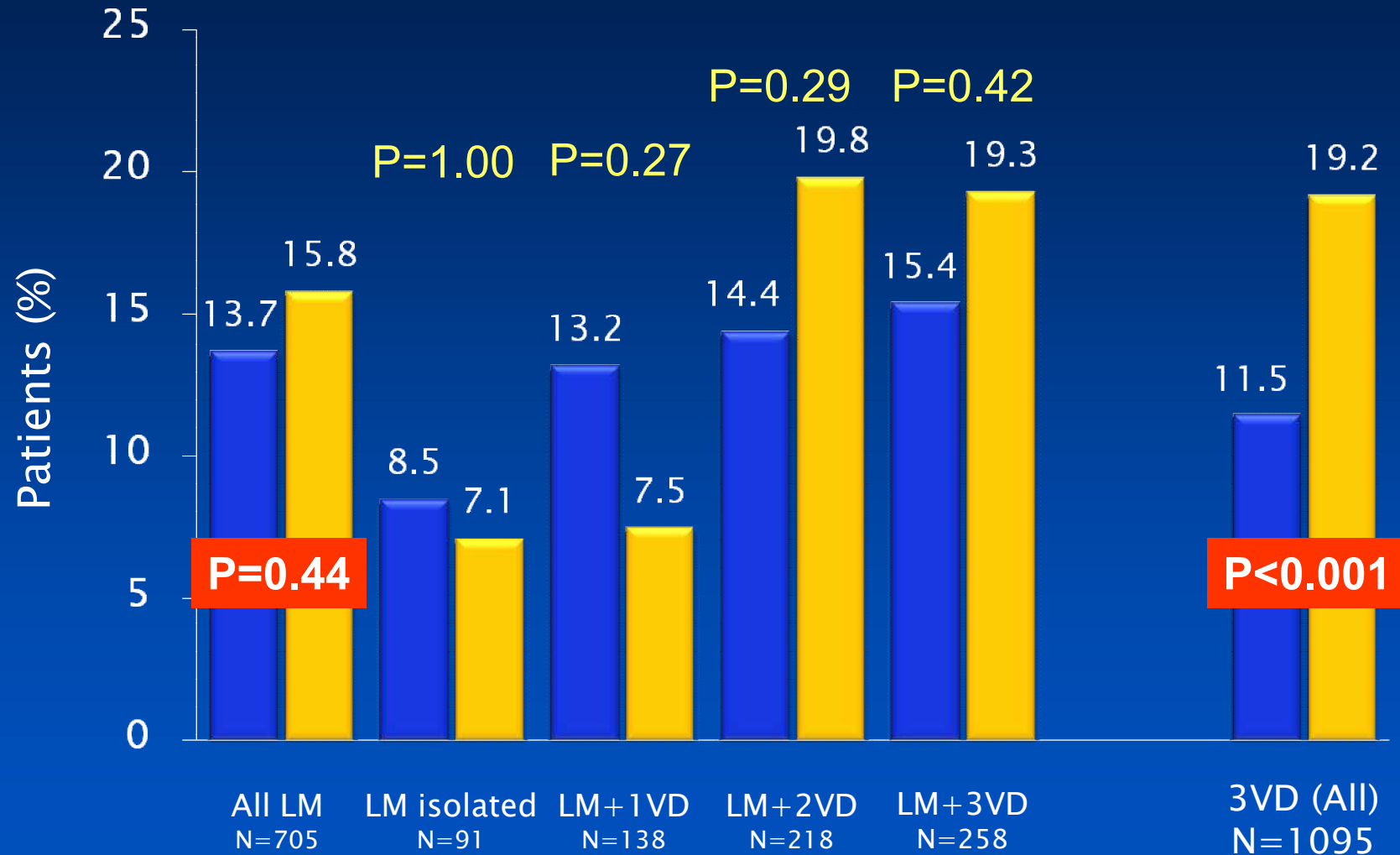
# Left Main and Three Vessel Disease Subgroup MACCE Rates at 12 Months

CABG TAXUS



# Left Main and Three Vessel Disease Subgroup MACCE Rates at 12 Months

CABG TAXUS



# SYNTAX trial end points in 3VD subset

<u>End point</u>	<u>CABG (%)</u>	<u>Taxus (%)</u>	<u>p</u>
Death	2.9	4.4	0.18
Stroke	1.9	0.8	0.09
MI	2.6	5.2	0.04
Revascularization	5.4	14.7	<0.001
Death/stroke/MI	6.4	7.9	0.39
<u>MACCE</u>	<u>11.2</u>	<u>19.1</u>	<u>&lt;0.001</u>



# SYNTAX trial end points in left main subset

End point	CABG (%)	Taxus (%)	p
Death	4.4	4.2	0.88
Stroke	2.7	0.3	0.009
MI	4.1	4.3	0.97
Revascularization	6.7	12.0	0.02
Death/stroke/MI	9.1	7.0	0.29
MACCE	13.6	15.8	0.44

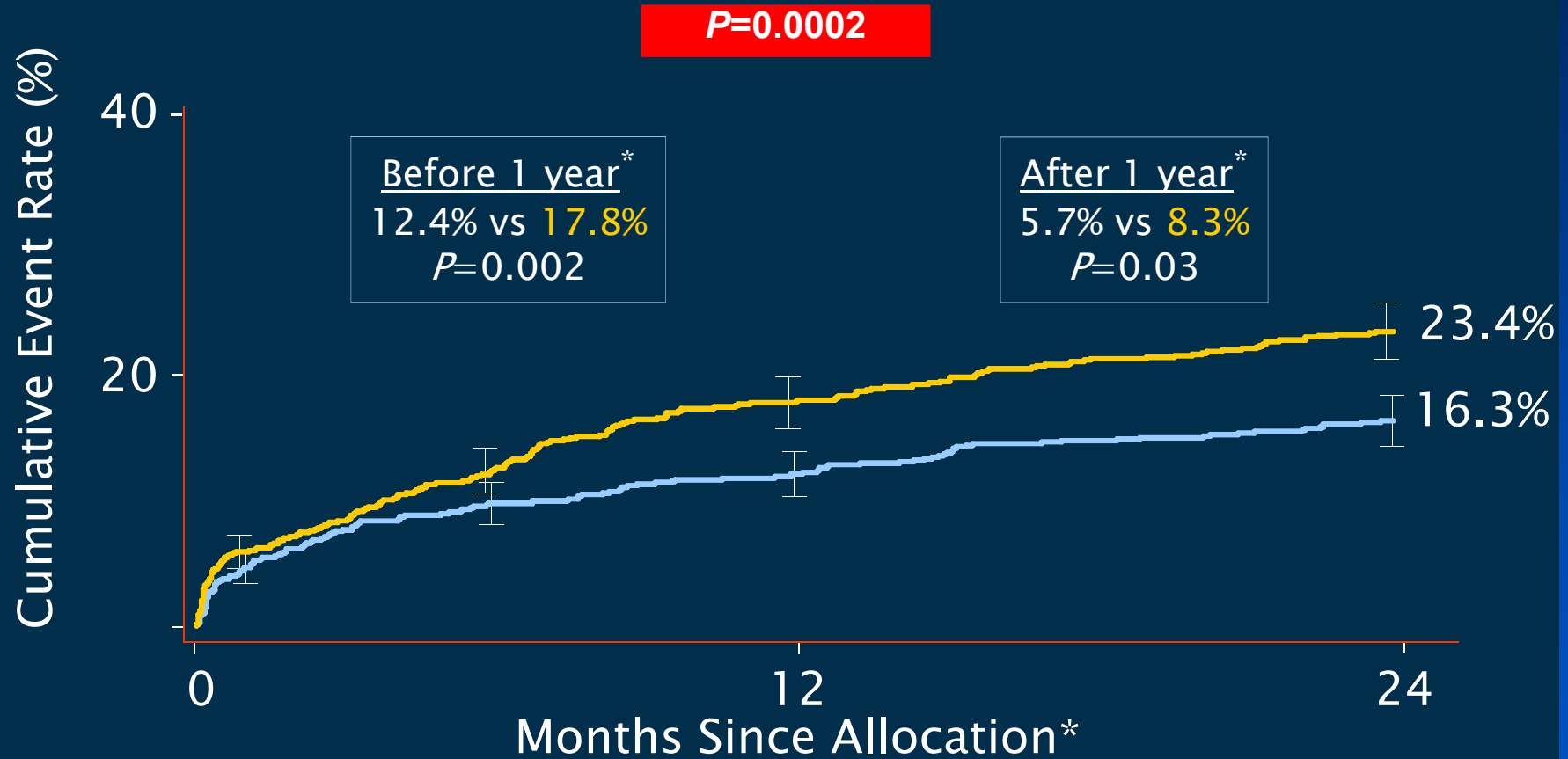
# SYNTAX LM

## 2-Year Outcomes

# MACCE to 2 Years

■ CABG (N=897)

■ PCI (N=903)



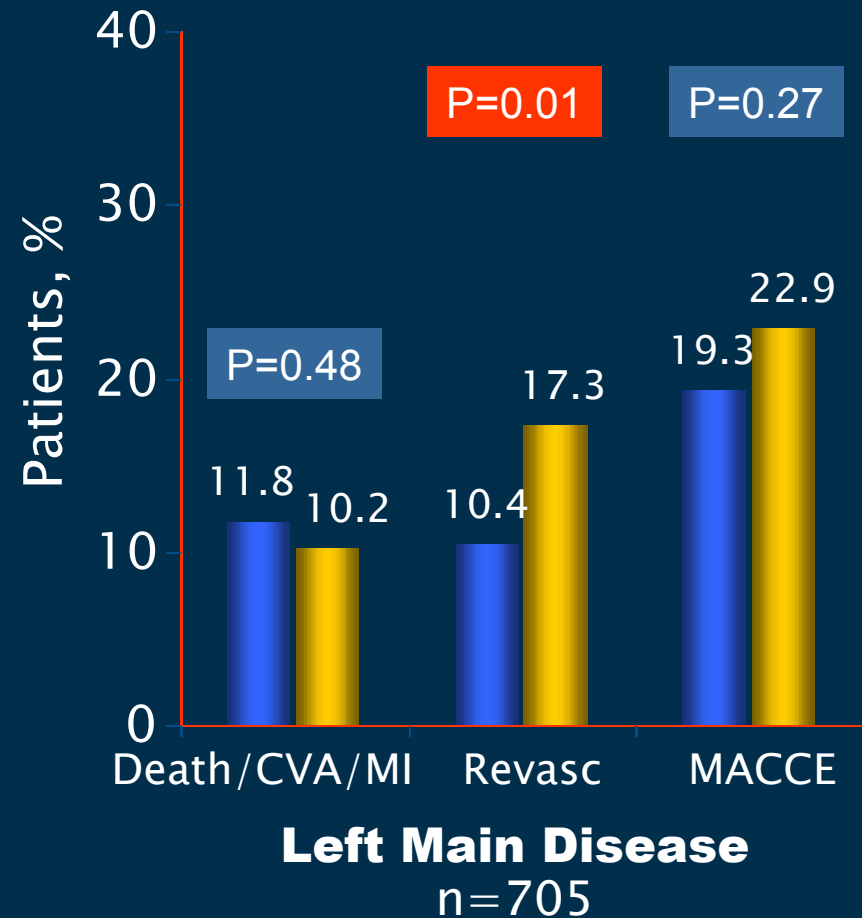
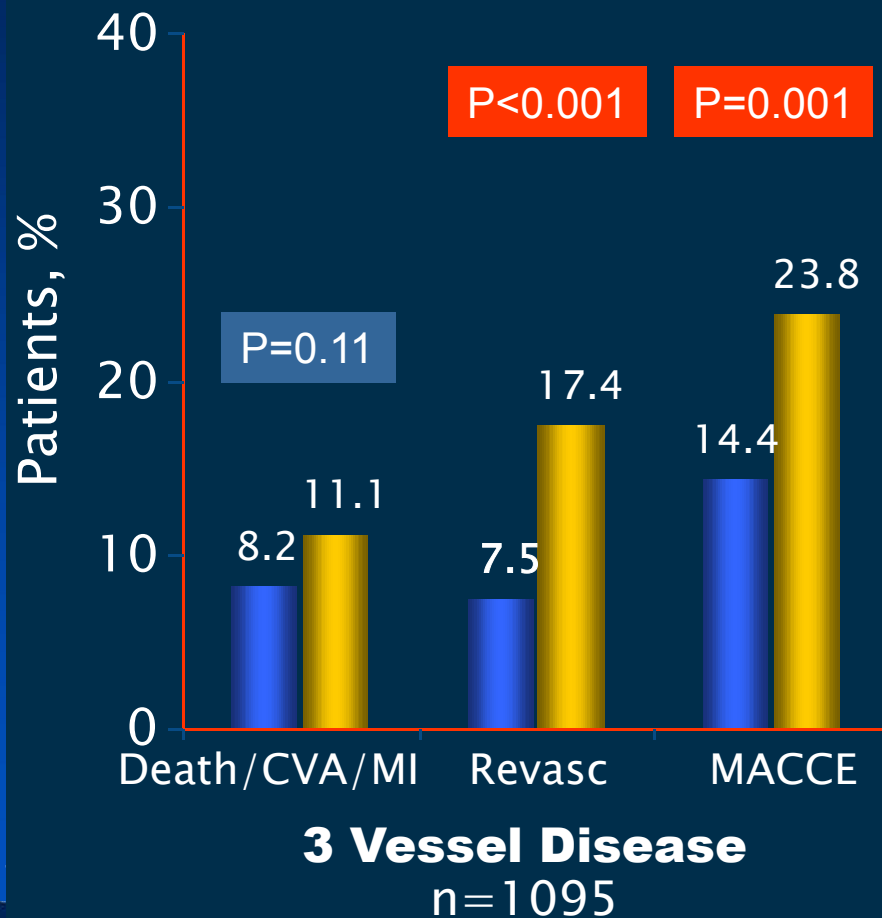
Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank P value; \*Binary rates; \*Randomization

ITT population

# SYNTAX Trial 2 Year Outcomes in 3VD and LM Subgroups

■ CABG (N=315)

■ PCI (N=290)



# MACCE to 12 Months by SYNTAX Score Tercile

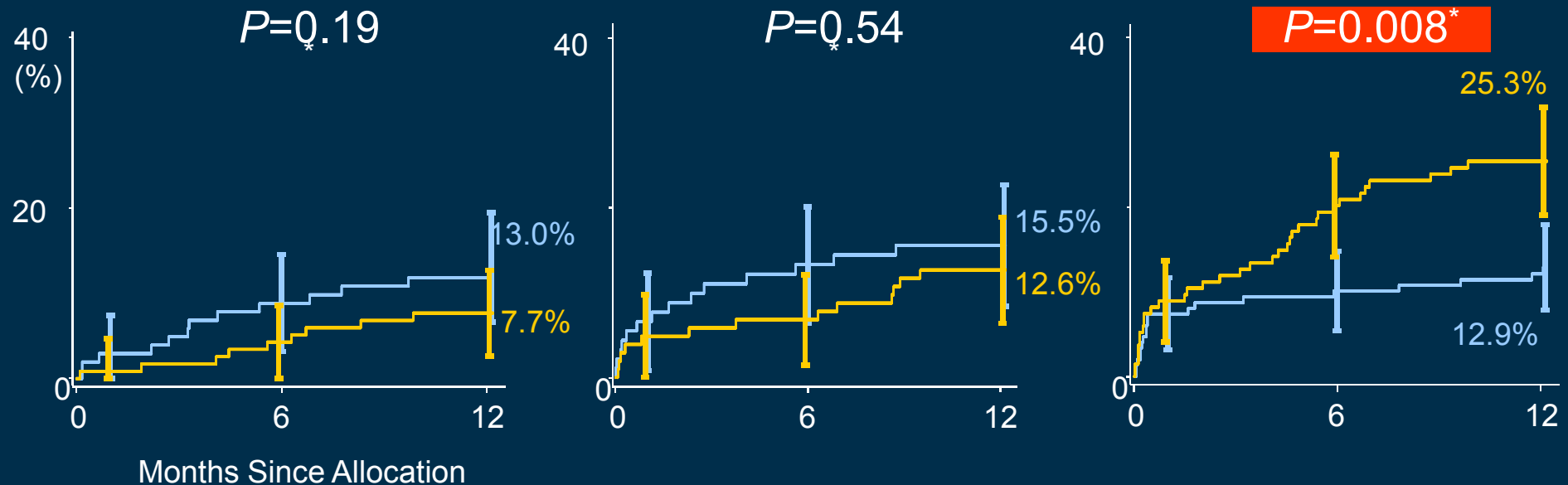
**LM Subset**

**CABG (N=103)** **TAXUS (N=118)**

**Low**  
scores (0-22)

**Intermediate**  
scores (23-32)

**High**  
scores ( $\geq 33$ )



**CABG better**

# MACCE to 2 Years by SYNTAX Score™ Tercile

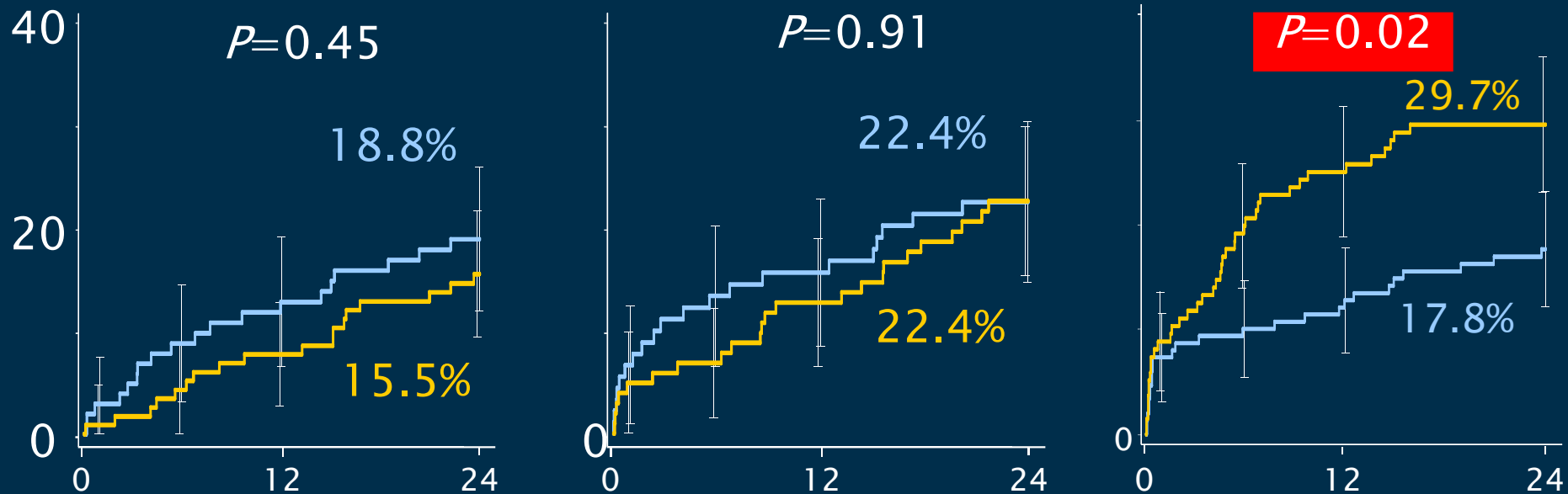
**LM subset**

**CABG (N=103)** **TAXUS (N=118)**

**Low**  
scores (0-22)

**Intermediate**  
scores (23-32)

**High**  
scores ( $\geq 33$ )



Months Since Allocation

**CABG better**

## Syntax LM subgroup analysis showed,

**PCI** has comparable clinical outcomes with surgery (no difference in death or MI).  
There is higher rate of stroke in surgery and higher rate of TVR in PCI  
2-year results confirm the one-year ones.

# Message

From MAIN COMPARE registry,  
ASAN MAIN registry, SYNTAX LM



# **STENT vs CABG**

## for Left Main Disease Treatment

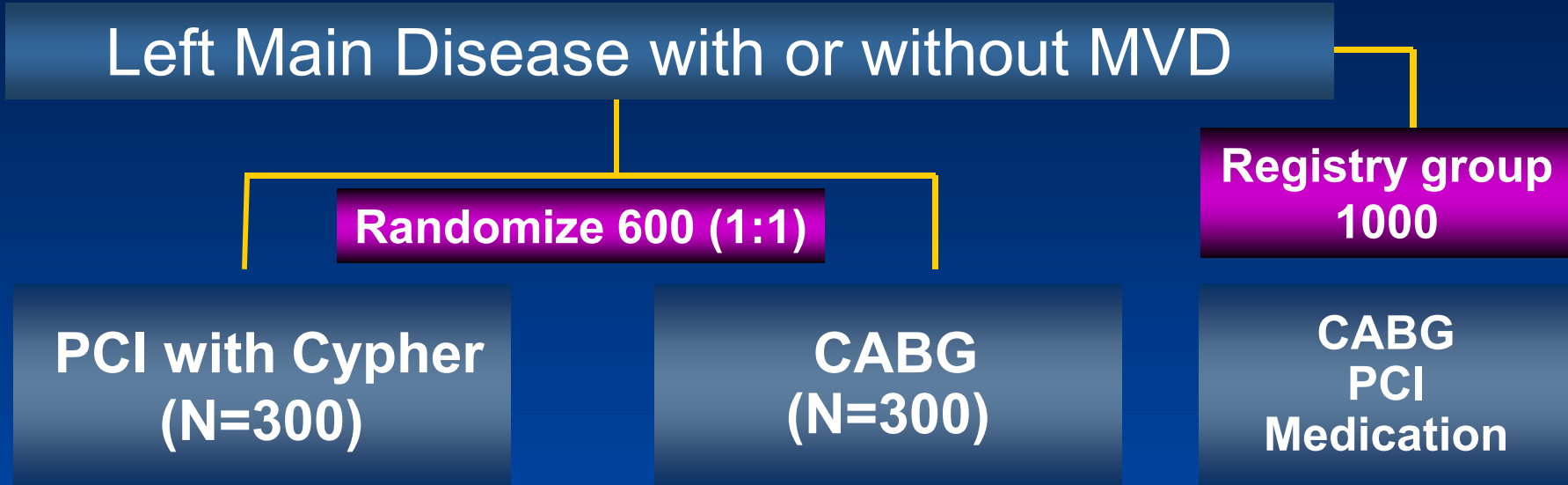
In selected group of LM disease;

- Ostial and shaft LM disease
- Isolated LM disease
- LM with 1 vessel disease
- Syntax Score <33

**STENT group may have even better clinical outcomes...**

# What is NEXT !

# PRECOMBAT Study Design

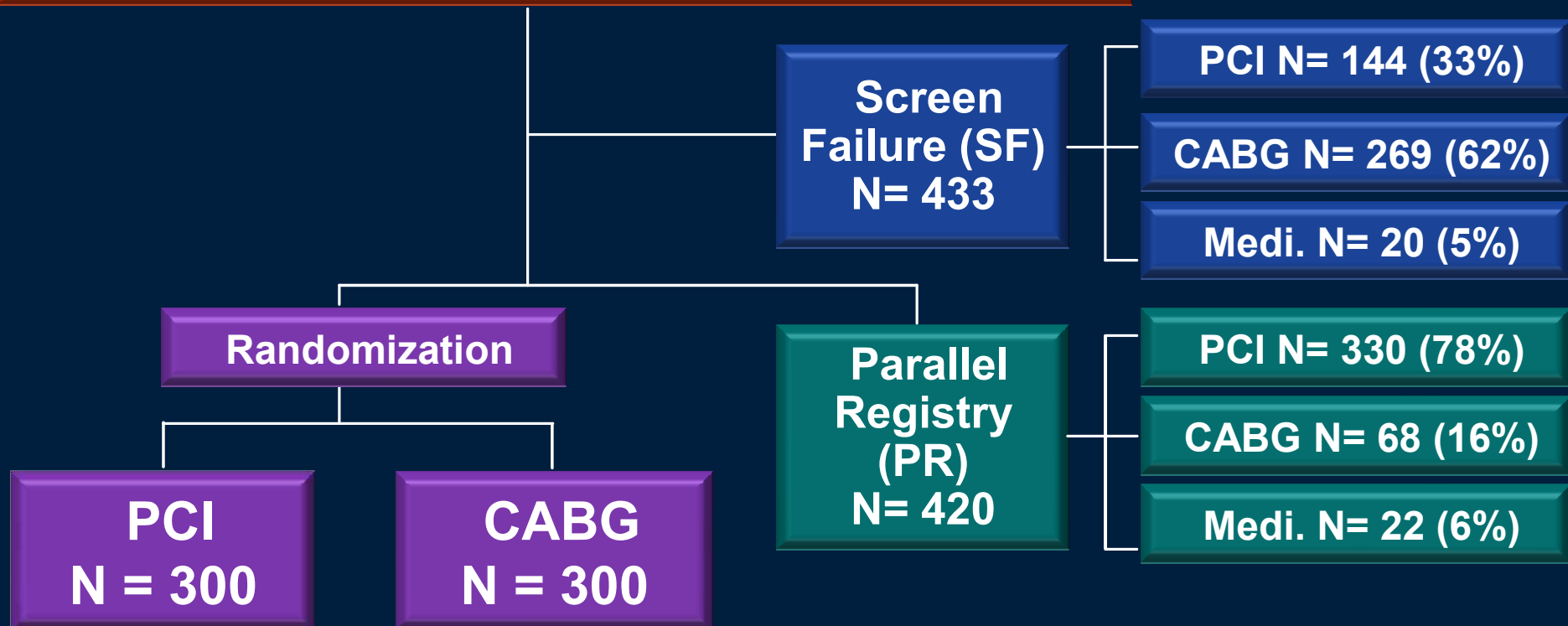


PRIMARY Endpoint: 2-year MACCE (Death/MI/Stroke/TVR)  
SECONDARY Endpoints: clinical and angiographic outcomes

PI: Seung-Jung Park  
13 centers from Korea

# Enrollment (Finished)

Screening for patients with LMCA stenosis  
N = 1453



# Comparison with SYNTAX Patients

	<b>PRECOMBAT (N = 600)</b>	<b>SYNTAX (N = 705)</b>
Age, year	<b>62.1 ± 9.8</b>	<b>65.5 ± 9.9</b>
Male sex, %	<b>73.8</b>	<b>73.8</b>
Diabetes mellitus, %	<b>32.1</b>	<b>22.1</b>
Hypertension, %	<b>53.4</b>	<b>73.5</b>
Hyperlipidemia, %	<b>41.7</b>	<b>75.2</b>
History of smoking, %	<b>46.3</b>	<b>20.9</b>
Total lesion numbers	<b>2.9 ± 1.5</b>	<b>3.2 ± 1.8</b>
Left main + 2 vessel, %	<b>30.0</b>	<b>30.9</b>
Left main + 3 vessel, %	<b>42.0</b>	<b>36.6</b>

# PRECOMBAT

- The PRECOMBAT trial is the FIRST randomized clinical trial aimed to compare the safety and effectiveness of DES and CABG for the treatment unprotected LMCA disease with its primary end point of MACCE.
- The final outcome will be available on ACC 2011.

# PRECOMBAT-2

PREmier COMparison of Bypass surgery and Angioplasty-2 Using Everolimus Electing Stent in Patients with Left Main Coronary Disease

Current Trial

**PRE-COMBAT**  
for unprotected left main disease  
Up to 13 cardiac centers in Korea

Randomization of 600 (1:1)

PCI with  
Cypher  
N=300

CABG  
N=300

**PRE-COMBAT-2**

for unprotected left main disease  
Up to 13 cardiac centers in Korea

All patients receiving Xience V  
For 1 year upto 500

**PRECOMBAT-  
Eligible Cohort**

: Pts Meeting  
Randomization  
Criteria of  
'PRECOMBAT'  
N = 300

**PRECOMBAT-Not  
Eligible Cohort**

N = 200

Primary Endpoint (MACCE): 2-year death, MI, Stroke, and ischemic driven TVR

# IRIS - MAIN

(Left **MAIN** Disease – **I**nterventional Cardiology **R**esearch **I**ncorporation **S**ociety)

A Global, Multicenter, and Prospective,  
Real World Observational Study

**All Patients with Left Main Disease  
(3,000 pts)**

**PCI with Any stents**  
(Approximately 1,500 pts)

**CABG**  
(Approximately 1,500 pts)

**Medical Treatment**

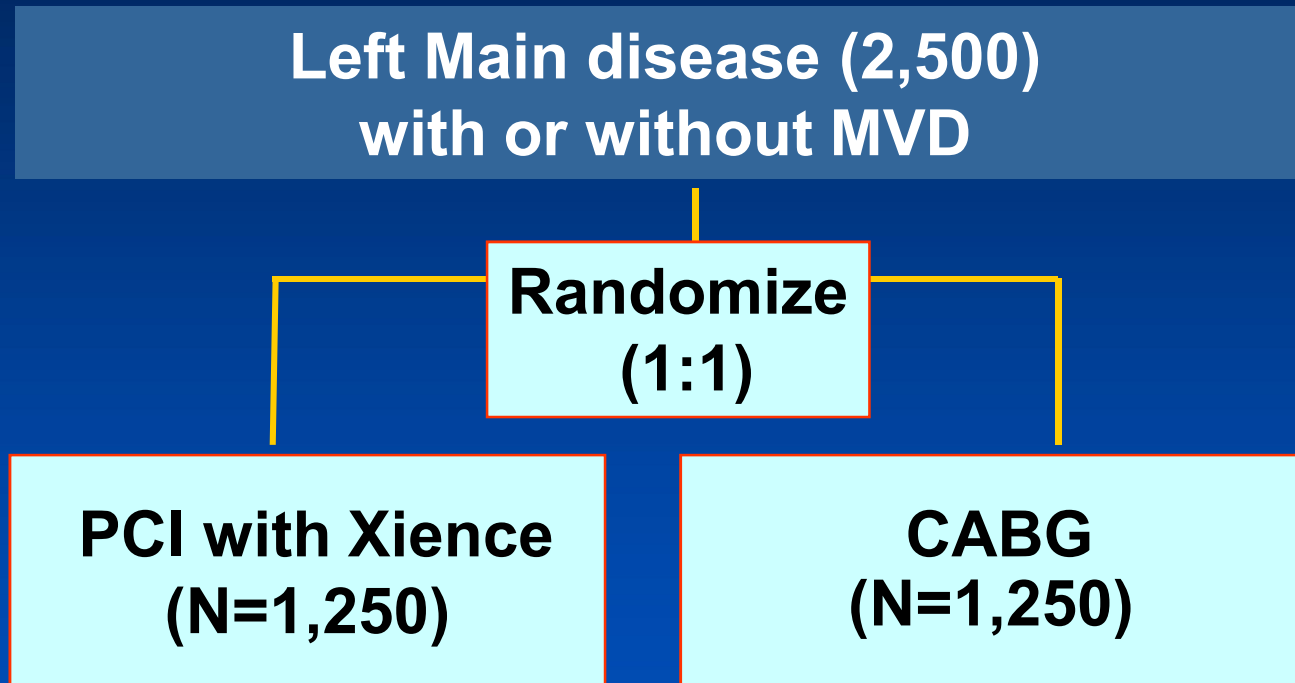
**Primary Endpoint: 2-year composite of Death, MI, Stroke, and TVR  
and annually follow up to 10 years**

PI: Seung-Jung Park, MD



# EXCEL Trial

(*E*valuation of *X*ience prime versus *C*oronary artery bypass surgery for *E*ffectiveness of *L*eft main revascularization)



Primary Endpoint: 2-year composite of death, MI, or stroke

PI: Gregg Stone, Patrick Serruys